



TO THE
GLORY OF GOD
AND IN MEMORY OF
THE MEN OF THIS PARISH
WHO GAVE THEIR LIVES
FOR THEIR COUNTRY
1914 — 1918

1939 — 1945

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30 th December	6.00am to 1.00pm
31 st December	6.00am to 12.00pm
1 st January	Closed

From 2nd January back to normal opening hours



NOTES FROM THE EDITOR

NOVEMBER 24

Hi everyone and welcome to the November edition – where has this year gone!

I don't like to sound like I'm showing off, but I'm actually writing this in Cyprus, where I'm enjoying a late getaway with a friend. The weather is fabulous, a bearable 28C with a slight breeze, and so far, very relaxing. One thing that has struck me, however, is the traffic noise. Don't get me wrong, it's bearable, but it is something I never really notice in our lovely village, so no doubt I'll be happy to return to the peace and quiet, even if it is raining!

This month will bring, as every November brings, Bonfire Night. This is an enjoyable night for many, and I love a nice firework display myself. However, as the owner of a very nervous dog, it can be a challenging night for her, as it is for many other pets and their owners. So rather than a home display, why not visit one of the many organised displays taking place in the area. This month's edition has details of the Food Museums Bonfire Night Celebrations. Sadly, I won't be able to go, as I'll be looking after our dog Fen, but at least I'll have 'Strictly Come Dancing' to entertain me, and I am a massive 'strictly' fan. If you are considering a home event, please be mindful of your neighbours with pets and let them know, so they can make plans to try and keep them calm. There is actually quite a lot going on at the Food Museum at the moment, a butchery class and a photography exhibition, with details are inside. The museum is always worth a look, it's a great facility for us to have locally and really good value place to take the kids (although maybe not for the butchery master class!).

You will see inside from the Parish Council report, that the Parish Clerk 'Claire Pizzey' is stepping down to take on a new role training Parish Clerks. On behalf of the Telstar committee, we would like to thank Claire for her support for this publication and wish her every success in her new role.

I hate to do it in November, but I now have to mention the 'C' word – Christmas, but more specifically The Holy Trinity Christmas Craft Fair which will be taking place this month. An event I always enjoy and end up spending more money than I ever intend to. Please do try and get along and support it, you won't be disappointed, it's a great place to get some of your Christmas shopping done. Details are inside. Happy shopping.

For the second Christmas mention, the Telstar team will be holding a Christmas Quiz for the first time this year, and details are inside. Christmas jumpers will be a help!

DISTRICT COUNCIL REPORT

OCTOBER 2024

Simpler recycling - The proposed Simpler recycling scheme approved by Cabinet was agreed by Council at the September meeting. The proposals include weekly food waste collections from 2026 as well as accepting more recyclable waste with the addition of a second recycling bin for every household. This will mean that the general waste black bin will not fill up as quickly, and any changes to the collection cycle will be explained to residents as part of a Suffolk-wide communication ahead of the 2026 roll-out.

Council Homes - MSDC has joined with over 100 other councils to urge the government to take action to reform the currently broken council housing system. The five point plan put forward is: -

1. A new fair and sustainable Housing model – including an urgent one-off rescue cash injection, and long-term, certain rent and debt agreements.
2. Reforms to unsustainable Right to Buy policies
3. Removing red tape on existing funding
4. A new, long-term, Green & Decent Homes Programme
5. Urgent action to restart stalled building projects, avoiding the loss of construction sector capacity and a market downturn.

A motion was passed at the September Council meeting resolving to write to the Secretary of State urging this action, to continue to publicise the problem and to encourage Housing Associations to work closely with the Council.

Economic Strategy workshops - The council, jointly with Babergh, is running a series of Economic Strategy workshops. The aim is to seek input from businesses of all shapes and sizes to create a strategy and plan that leverages the area's strengths and addresses its challenges. This in order to secure sustainable economic growth, foster innovation and ensure inclusive prosperity for all.

Heart of Suffolk Big Weekend - The Big Weekend is a new event to be held on the weekend of 19th to 20th October which encourages local residents to explore what the districts have to offer, and shines a spotlight on its culture, leisure and visitor attractions. It incorporates a prize draw which residents can sign up to enter between 16th and 30th September. More information on this and the prizes is available at The Big Weekend - Heart of Suffolk.

Consultation with residents - We are currently carrying our consultation in the form of conversations with residents to find out more about their thoughts and ideas on how the area should be developed or improved. This can be either new ideas or ways in which the council could assist with resident led activities already taking place. It is not intended to be a formal survey but is instead a councillor-led approach, using conversations to build relationships and better understanding.

CIL bid for footpath upgrade - The CIL bid for £14,950 for upgrade of footpath 35 within the High School site was approved by Cabinet in September.

Locality Awards 2024/25 - Applications for this year's Locality Awards grants are now open. <https://www.midsuffolk.gov.uk/web/mid-suffolk/w/locality-awards>

Cllr Rachel Eburne 01449 673311
Rachel.Eburne@midsuffolk.gov.uk

Cllr Janet Pearson 07928 512592
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PARISH COUNCIL REPORT

OCTOBER 2024



The meeting opened with 4 members of the public, 7 Parish Councillors, Cllrs Eburne, Pearson (joined slightly later) and Welham

Councillors' Reports: Full District and County Councillor reports can be found elsewhere in Telstar. Cllr Welham advised that SCC are due to hold a full cabinet meeting in 2 weeks and a motion is to be put to them that the highways maintenance plan needs to be reviewed and changed to include a lower the criteria for fixing footpaths and potholes as there are far too many trip hazards. Cllr Studd queried the legality of the High School not running a 6th Form again in the next school year causing students to travel to Ipswich or Bury for their education, particularly when Community Infrastructure Levy funding had helped to fund the building of the 6th Form block. Whilst there is a need for 6th form provision and therefore the school should be providing it, Councillor Welham agreed to see if there is any action that should be taken by the County Council.

MSDC Cllr Eburne voiced her appreciation of the work undertaken by the Clerk who she felt was so able and vested in her community; and in her new role, would help to raise the standards of all clerks across Suffolk. There are 2 meetings on 6th November one in the morning in Lavenham on rural housing and one in the afternoon in Stowmarket on rural transport. She advised that there are still locality awards that can be applied for. The recycling changes have identified that 58% of the contents in the black bins could be recycled. Once the food waste collections start these will be conducted weekly. Cllr Easter asked about the size of the caddies used to collect the food waste and also the cardboard collection as many of the boxes received from places like Amazon are too big to fit in current bins. Cllr Studd queried why Landex were still using the site entrance by the pumping station when the construction management plan stated that once the road was in place, this other entrance should be closed.

Matters of Report: Work on the bus shelter in Thorney Green Road should be completed by the end of October and the defibrillator equipment has been ordered. The order for new churchyard gates has been placed but there is an 8 week lead time and the road sign for Hornbeam Road is to be reinstated. As the PC are unable to get any reply from Bloors they have decided to purchase the duck crossing signs and erect them themselves. The trim trail work is due to start next week. There was some confusion from residents as to exactly where the bollards in Trinity Walk were being sited. There are a further 2 quotes due for the grass cutting contract and the defibrillators are scheduled to be fitted this month. All other matters are ongoing.

Public Forum: Mrs Reeves, Mr and Mrs Welham all gave their best wishes to Claire, the Parish Clerk who is moving on to a new post working as a Parish Clerks training officer with SALC. They all felt that she has been an excellent clerk going far beyond her duties and a great support to Sally and Keith when they were PC Chairpersons and felt sure that had Cllr Voden been present, he would have

echoed their sentiments. They wished her well in her new role. Mrs Reeves also thanked Cllr Welham, Cllr Eburne and the PC for all their efforts in getting the footpath widened by the school, the footpath outside The Crown and the bollards in Trinity Walk. She felt that, although the school had cut back the hedge by the school entrance, the visibility was still limited and needing cutting back much further as the school access is was extremely busy with construction traffic and therefore a danger.

Scribe: The PC agreed to the new Scribe accounting software required by the Clerk at an initial set up cost of £299 + vat and ongoing monthly payment of £35 + vat for the software package. 3 Parish Cllrs would like to attend the training sessions on Scribe.

Risk Assessments: Councillors have reviewed the risk assessments and no changes were necessary.

Sub-Committee Reports:

Environment – The PC agreed to a quote of £3775.00 for 6 items of tree surgery required around The Green and for this to be funded from the Environment reserves.

Finance and Policy – The quarterly bank reconciliation was checked and signed off and all necessary payments made.

Planning – The only planning application received this month is for a rear extension and double garage for a property in Saxham Street.

Councillors' Reports: Cllr Bridges reported that a fantastic job was made on footpath 46 but the workers need to clear up the bits left behind. She felt that the idea of a lending library to be set up in the village was a good one so some thought should be made into finding a suitable venue for it. The meeting with the Police and Crime Commissioner in Stowmarket had a poor turnout.

Clerk's Report: The Clerk felt that some of those that should be attending the Safer Route to School meetings were not investing into the project. There appears to be a lack of commitment on finishing the footpath through the school property and where it should be sited. There was a good turnout to the recent SOAP morning and thanks to Sally for providing the delicious cakes. By next year, a new venue will need to be sought to hold this event.

Correspondence: This month's correspondence included an invitation from the Stowmarket Mayor to attend the civic reception to be held on 20th October. SCC have confirmed that Councillor Welham will fund the sum of £500 for the defibrillator project from his locality budget. A suggestion has been put forward from a resident for a book swap/lending library to be set up in Stowupland. There was also correspondence from MSDC regarding CIL funding for footpath 35, from Offton and Wattisham Group regarding the pylon project and a newsletter from the Police and Crime Commissioner.

The meeting finished with the Parish Council thanking Claire for all the hard work and fantastic job that she had done for them over the last 10 years and presented her with a gift and a bouquet of flowers.

The meeting closed at 8.13pm.

STOWUPLAND PARISH COUNCIL

CHAIRMAN'S REPORT

The Parish Council has received some sad news; our Parish Clerk, Claire, is leaving us at the end of October and is moving on to pastures new. Claire has worked for the Parish Council for over 10 years. The Parish Council would like to say a BIG thank you for her loyalty and hard work for Stowupland over these years. She has used her knowledge to guide the Parish Councillors and her passion for the village to guide numerous projects. One of the many projects Claire has worked on over the years is the "Trim Trail"; this she has done with Councillor Jerry Voden and SCC Councillor Keith Welham. The equipment will be sited around the village and there will be a plan available soon with details of where the equipment is located. Claire is happy that this will be completed before she leaves. Claire has worked hard to get two new defibrillators into our village; these will be erected shortly. One will be situated by M & M Butchers and the other by Plain English, Rendalls Lane.

Claire will be sadly missed, and I am sure that you would like to wish her all the best for her future.

Whilst we are trying to find a new clerk, please bear with the Parish Council as things may not get done so quickly as we are all volunteers with other commitments on our time.

Please contact me if you feel that you could do the job of parish clerk or would like to become a parish councillor as we currently have one vacancy.

Donna Bridges, Stowupland Parish Council Chair

Contact details: Donna Bridges 07736 348335 or email: parishclerk@stowuplandpc.co.uk

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COUNTY COUNCILLOR'S REPORT

OCTOBER 2024

Recycling and Waste Collection Changes - The changes the council is preparing to make to meet the new recycling and waste collection requirements set out in the Environment Act 2021 were discussed at the September meeting of Cabinet. This new law means that district and borough councils must additionally collect food waste, glass and cartons from residents by 2026, and also collect plastic film from 2027. It is up to each district and borough council how they choose to arrange their waste collection schedules, and they will be communicating these changes to residents soon. However, the county council also needs to make changes as it is responsible for storing and processing waste and recycling after it is collected. The council will be spending around £4.535m, allocated from its reserves, to update waste transfer stations in the county where waste is taken after it is collected. The council will also need to set up a new contract for anaerobic digestion of the food waste.

Financial Monitoring Report for 2024-25 - The council's latest financial forecast for 2024-25, and so far the year seems to be going better than last year, shows a projected overspend of £1 million compared to last year when the council was forecasting an overspend for 2023-24 of £29.3 million. Some services are still overspent, for example costs for Special Educational Needs and Disabilities (SEND) and care purchasing in adult social care services. Areas that are predicted to come in under budget have helped balance this out. However, the council's reserves, the 'savings' it holds for a rainy day, are taking another big hit this year and are due to reduce by £22.2 million. This is a rate of spending by the council which is unsustainable even for a few more years. Like other councils in the same position, SCC will be hoping for an improved funding settlement from the new government.

Funding to Improve Home Energy Efficiency - My group were disappointed that the council is projecting to return £5 million of funding to the government which could have been used to improve the energy efficiency of homes in Suffolk. The Warm Homes Suffolk Scheme is now closed, but the council has heard that a similar scheme may be on its way, and we would encourage residents who are eligible to apply. The previous scheme enabled people to buy extra insulation and undertake other work to improve the energy efficiency of their homes, which will also reduce the amount they are paying to heat them. Details of any new future schemes will be made available in due course.

Suffolk Devolution Deal Withdrawn - Following the change in government, the devolution deal which had been tabled for Suffolk has now been withdrawn, as has the deal for Norfolk which was along similar lines. Devolution would have provided the county with extra funding and power to make more decisions locally, for example transport and adult education. Although this is being reported as a snub for the county, my group feels that devolution deals offered by the new government are likely to be more ambitious and will avoid the possible decision deadlock caused if a directly elected leader is from a different political party to the majority of councillors.

Primary and Secondary School Places - Parents and carers can now apply for a place in the normal year of entry at a primary school and secondary school for

September 2025. The deadline for applications to secure a place at a secondary school is 31 October 2024 and for primary school places, including infant and junior schools, the deadline is 15 January 2025. All applications received by the closing dates are processed at the same time using the schools' oversubscription criteria to prioritise applications when necessary. Late applications are processed after all of those received on time.

SCC advise that parents and carers think about how their child will travel to school before they apply for a school place. They can check which is their child's nearest suitable school on our Nearest School Checker because it might not be their catchment area school: <http://nearestschool.suffolk.gov.uk/>

Advice and guidance about the school application process is available here: www.suffolk.gov.uk/admissions

Arts and Culture Project Funding - The council has launched its new £500,000 Culture Project Fund to support local arts and museum projects across the county. This sets out the bidding system for arts funding for the financial year 2024-25 which was announced by the council's administration as part of the budget process in early 2024 and will see a larger number of smaller grants for projects and organizations compared to previous years. The fund offers three tiers of grants:

Small grants up to £1,500

Medium grants up to £15,000

Large grants up to £50,000.

Eligible applicants must be based in Suffolk and could include arts organizations and museums, skilled freelancers, registered charities, community interest companies. For more information on deadlines and award dates, or to find out how to apply, please visit www.suffolk.gov.uk/cultureprojectfund or contact the Arts & Museums Team at cultureprojectfund@suffolk.gov.uk.

Safer Route to School - Progress at last. The work to construct an all-weather route through the wooded area between The Green and the school car park is planned to be carried out during the October half term. The proposed surfacing is crushed granite; if this proves unsatisfactory, a tarmac surface may need to be added.

As soon as the new path is in place, the next stage, linking to village hall land, will commence. Negotiations between the Academy Trust and the Village Hall Trustees have commenced to establish a link to meet up with a section to be provided through village hall land.

Local Highways Issues

A1120 junction with high school access – I have asked for an update from SCC highways.

A1120/B1115 roundabout - I am still waiting for details of the design of the roundabout

Useful websites

Cost of Living help and advice:

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/family.page?familychannel=6>

Benefits advice and support:

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/adult.page?adultchannel=0>

Keith.Welham@suffolk.gov.uk

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COUNTRYSIDE RAMBLER

BRIAN WARD

Autumn is upon us; the leaves are changing from greens to yellows and russet browns. Before long they will be dropping to earth to form another carpet of mulch to help nourish our soil. Recently I walked with friends and, on our stroll, we came across a horse chestnut tree and beneath it were the conkers that had fallen in abundance. This brought up the conversation of playing conkers at school in our younger years and all sorts of preparations were discussed to make the conkers harder in order to win the game. Some people pickled them, and some lay them in the sun to harden. We have two types of wild chestnut trees in the UK. The horse chestnut and the red chestnut. Horse chestnuts have white flowers in the spring and have spiky outer shells to their seed cases. The red chestnut has red flowers in the spring, but the outer shells of their seed cases are smoother with no spikes. I believe the red chestnut is a cross with an American chestnut, the red buckeye, and our native white chestnut.

Our summer visiting birds have departed to warmer areas of our planet to spend the winter months I will miss them, but on the other hand our winter visiting birds are now starting to arrive. The two commoner ones we may encounter are both thrushes, the fieldfare and the redwing. These birds love apples if the weather turns harsh, so please leave a few windfalls under your trees for them to enjoy. In the UK we have an influx of birds from Europe during the winter months: starlings, thrushes and lapwings are the main birds that arrive for a few months if the weather turns for the worse in Europe.

I don't know if you noticed but there seemed a lot of crane flies about in September and early October. Some country folk call them "daddy long legs" which is appropriate as they have extremely long legs. These insects are harmless to us as they do not sting but can be a gardener's nightmare as their larvae stage is the leather jacket that eats roots of plants and can decimate a lawn if in sufficient numbers.

If you have chance, autumn is the time of the red deer rut; this spectacle is a must to see. RSPB Minsmere organise a deer safari so the rut can be observed from the safety of a vehicle. There are also various deer parks over East Anglia where this clash of stags can be seen.

It is that time of year to check your wellies and find your woolly hat and scarf in anticipation of what's around the corner.





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RAMBLINGS FROM THE POTTING SHED

PAULA WILLMOT

November brings photographic quality early mornings, colours and hues that make us all say, "Autumn is my favourite season." It's easy to kick back now and let the seasons take hold of our gardens until our interest is stimulated by the early lime green shoots of new bulbs. However, this is the time of year where small investments in our plots and gardens will pay massive dividends next year. In fact, for the frugal, money-saving gardener.....now is our time!

November tasks in the meadow garden are as follows:

- Cutting back verbena plants once the heads have dried will also reveal at the base lots of new shoots, time to take small cuttings.
- Leaf raking, blowing and gathering will be the biggest job this month, so pile into a corner for wildlife or compost heaps for rich leaf mould.
- Try and get the rest of those bulbs in the soil. The tulips and small bulb packets hidden in the shed should now be planted. Lasagne the layers if you want riots of colour or keep pots of one type to create structure and tonal contrast.
- If you are lucky enough to have a greenhouse, or shed with glass windows, start collecting the bubble wrap ready to insulate those windows. If you want to get well ahead, pre-cut the sizes ready to be attached as soon as frost warnings make the forecast.
- Citrus trees should be brought indoors or fleeced inside a greenhouse. I've changed the soil for my trees. They are still infants, but I am trying to give them the best chance.
- It's worth Googling homemade greenhouse heaters. There are some great tips on the tealight and claypot method. It does need to be created in the right way, otherwise you just end up with shattered crocks!
- Tree ferns will also need to be wrapped. I tend to fold the dead fronds back into the centre of the plant before covering in fleece.
- Keep an eye on your outdoor pots. The freeze thaw of rain and extreme cold can often shatter the most frostproof of designs. Also elevating off the ground will allow for a bit of drainage as well.

On social media this month @pollyanna_wilkinson is encouraging us to order and plant trees, hedges and shrubs whilst the soil still has a little bit of warmth in it. She also advises that we order our bare root roses. If you are someone who really loves a rose, David Austin currently is offering 20% off all bare root orders. Finally, Pollyanna is recommending we pop some sweet peas into a cold frame or windowsill for earlier blooms next year and pop our amaryllis in pots ready for Christmas blooms. There are certainly plenty of great varieties out there but, for me, the M&S selection was the best value and most unusual, so keep an eye out, they sell really quickly!

@dave_the_plantman has a great film on pruning roses for Autumn. He calls it the 'light Autumn prune.' Cutting down to a bud and making the plant strong from the centre to cope with Autumn winds and bad weather. The sacrificial buds that this prune will produce, will be cut back further in Spring to create new growth. You are basically taking off all the flowering stems that have become long and spindly to create strength. It's also a chance to get rid of any leaf rot and blackspot.

Well, that's it for this month. Next month I will focus on some early veg tips and succession planting, so the crops are well spaced for eating. One plant I will take more care over next year is tomatoes. I love having them readily available, however, I've had literally pounds this year. So next year I will focus on flavoursome steady croppers and not try and replicate the ones I see in the supermarket. Happy gardening!

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If any individual, school, church or business would like to become a collection point for the Eco Future Group in Stowupland please contact Stowmarket Eco Future Group directly. Contact details can be found in their article.

Please don't leave your recycling on the editor's doorstep as I'm unable to help with this.

Ed.

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Suffolk branches join forces to mark 85 years of Citizens Advice



In September, representatives from the five local Citizens Advice offices across Suffolk met to celebrate the 85th birthday of Citizens Advice.

Now a national institution, the first 200 Citizens Advice Bureaux opened on 4 September 1939, the day after war broke out. The network grew at one stage to over 1000 local offices but following consolidation across the country now stands at around 250 separate offices.



Between the five local Citizens Advice charities in Suffolk, in 2023-2024 they helped 28,921 people to address 133,270 issues. This resulted in £8.5 million income gained for clients, and over £9 million of debt managed effectively.

All the Suffolk Citizens Advice offices rely heavily on volunteers to work alongside their paid teams, and a total of 82,070 hours were donated by Suffolk volunteers last year.

As independent charities who are not directly funded by central government, all five local Citizens Advice offices (LCAs) are constantly under pressure for funding, applying for grants and project funding from a wide range of organisations including all the local councils, the Suffolk Community Foundation, trusts and private sector organisations. Every £1 of funding has been shown to deliver £26.12 in public value.

Over the years, there have been different trends in the types of advice most sought by clients, housing issues and debts often being high on the list. A strong reminder that Citizens Advice is as important and relevant in 2024 as it was when it was launched 85 years ago.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

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STOWMARKET ECO FUTURE GROUP

<https://stowmarketecofuturegroup.co.uk>
Email: stowmarketecofuture@gmail.com



Collection of hard to recycle items

4th Thursday each month (28th November) on Market Place

9:30 to 11.30 am. We collect coffee pods, clean pet food pouches, cheese wrappers and nets, pens, flattened crisp packets, (all count as "soft plastic"), make up packaging, toothbrushes and Pringles tubes, also clean and flattened tetra packs – see our website for details.

2nd Sunday each month (9th November) at Red Gables 2-4 pm plus REPAIR CAFÉ stowrepaircafe@gmail.com

No Eco Café in November – sorry

Stowmarket Repair Café

Did you know we have a monthly Repair Café in Stowmarket? It's not like the Repair Shop on TV – we don't restore family heirlooms to as-new condition – no, we repair everyday items to bring them back into use.

We've been going for two years now and over that time our brilliant volunteers have repaired hems, patches, toasters, bicycles, clocks, bracelets, rings, necklaces, and many more items.

Among our volunteers are three gents with expertise in mechanical repairs. Derek, Mike and Hugh love a challenge and are currently under-utilised, so if you have a squeaky rocker, an unhinged box, a sticky valve or a wonky (chair) leg, that have been waiting to be repaired, bring them along!

There is always cake and people to chat to, and repairs are free of charge, we just ask for a voluntary donation, so why not come along and give us a go!

We're at Red Gables, on the second Sunday of the month, from 2-4pm.

Many people come to the Repair Café for the first time as visitors. Often, they like it so much they become volunteers, to help with repairs, to serve coffee or tea, or to welcome visitors. Would you like to contribute too? Then contact us at stowrepaircafe@gmail.com

Green Your Eats

Look out for our **fabulous new recipe booklet available FREE** from community places and other locations e.g. Library, The Mix, Red Gables, Citizens Advice, Bonitas, John Peel Café, Surgeries, Churches etc Where will you find yours?



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Contact Robert Rushbrook

Email: rushbrookschimneysweep@hotmail.com

Telephone: 07581 352772 or 01449 612296



Christmas



Quiz



NIGHT

STOWUPLAND VILLAGE HALL

FRIDAY 13th DECEMBER

Doors open 7.00 pm

Quiz starts 7.30 pm

£3 Per Person - Teams of up to 6 people

Extra points for teams with Christmas jumpers

Village Hall bar will be open for drinks

Bring your own nibbles

To enter a team please ring Keith on 01449 673185

THE MIX YOUTH WORK CHARITY



**Start your Christmas shopping at the Mixmas Market on
24th November**

Embrace the start of the festive season and join us at The Mix for our indoor Creators & Makers Market on Sunday 24th November from 10am to 4pm - in partnership with Stowmarket Town Council's Christmas Fayre.

We have some incredible stallholders booked to attend with over 30 stalls offering a wide variety of unique, locally made products, from glass jewellery and candles, to engraved wooden gifts and upcycled fire extinguishers!

It is free entry to come in and browse our stalls, and with Cabbages & Kings Cafe also open from 10am to 4pm with their tempting "Mixmas Special", it's the perfect way to start your Christmas shopping!

Follow us on social media as we start to release further details of our talented makers. Facebook, Instagram, X, LinkedIn, TikTok: @themixstowmarket

Follow The Mix on social media or scan the QR code to go to our website for updates.



Paddy and Scotts comes to Stowmarket

Cabbages & Kings resides inside The Mix building on 127 Ipswich Street, Stowmarket, opposite The Regal Cinema. The café has been open for several years and is relaunching with the addition of Paddy and Scotts coffee plus a NEW menu on offer for visitors.

Visitors seeking the café wander through the welcoming building with corridors lined with examples of creative works by young people, what The Mix offers, or community events.

Cabbages & Kings exudes a warm and friendly atmosphere where people of all ages can sit and enjoy a coffee, breakfast, or light lunch.

They boast a wide selection of freshly prepared hot and cold food and drinks. The cake display is always fully stocked with homemade cakes, plus fresh cheese and fruit scones every day.

Any dietary requirements can be catered for, just chat to the team.

They also offer catering packages for any event, celebration, meeting, or conference.

When you order from Cabbages & Kings you know that your money is going back into helping young people in your community with The Mix.

Open Monday - Friday | 9am - 3pm. Instagram and Facebook @cabbageskingscoffee

Have you visited their sister café at Needham Lake, Duck & Teapot? Open every day 9am - 4pm. Instagram and Facebook @duckandteapot. View the new menu by scanning the QR code or pop by our café.



IMPORTANT CONTACTS

Citizens Advice

www.midsuffolkcab.org.uk - 01449 676060
or 01449 676280 - 5 Milton Road South,
Stowmarket, IP14 1EZ

Doctor

Emergency - 999
NHS Direct - 111
Combs Ford - 01449 678333
Stowhealth - 01449 776000

Emergency Numbers

Power Cut - 0800 31 63 105
Gas Leak - 0800 111 999
Water Leak - 0800 771 881

Good Neighbour Scheme

HELPLINE: 07591 539621

Member of Parliament

Adrian Ramsay – Green Party
email: adrian@waveneyvalley.greenparty.org.uk.
Telephone: 07534 933356.

Mid Suffolk District Council

www.midsuffolk.gov.uk

Janet Pearson - janet.pearson@midsuffolk.gov.uk
07928 512592

Rachel Eburne - rachel.eburne@midsuffolk.gov.uk -
01449 673311

Police

<http://www.suffolk.police.uk/contact-us>
<https://www.suffolk.police.uk/advice>

Samaritans – 116 123

Stowupland Village Website

www.stowupland.com

Parish Council Website

www.stowupland.suffolk.cloud

Suffolk County Council

www.suffolk.gov.uk 01449 673185
Keith Welham - Keith.Welham@suffolk.gov.uk
SCC - General Contact No. 0345 606 6067

Schools

Stowupland High School -
www.stowuplandhighschool.co.uk - 01449 674827
Freeman Community Primary School -
www.freeman.suffolk.sch.uk - 01449 612067

Vets

Cedarwood - 01449 676966
Stowe Vets - 01449 613130

DIARY DATES

If you know of any events happening in the village that I may not have picked up on please do get in touch by 7th of the month at stowman@stowman.plus.com or 01449 616275.

Please note – Diary Dates lists community events in Stowupland, for advertising all commercial events please contact Sally Wray 01449 673185

NOVEMBER

SUN 3	19:30 Village Hall	Country & Western music club
TUES 5	16.00 Village Hall	Young Carers
WED 6	14.30 various locations	Book Group (contact 01449 67127 for details)
WED 6	14:00-16:00 Village Hall Car Pk.	Mobile Post Office
WED 6	09.30 Village Hall	Local History Group – “Stow Lodge” by Dot Marsden
THURS 7	19:00 Village Hall	Short mat bowls
THURS 7	19.30 URC Hall	Parish Council meeting
SUN 10	19.30 Village Hall	Country & Western music club
MON 11	19.30 Village Hall	Village Hall Trustees meeting
WED 13	14:00-16:00 Village Hall Car Pk.	Mobile Post Office

WED 13	18:00 Village Hall	The Filling Station
THURS 14	19:00 Village Hall	Short mat bowls
SAT 16	10:00 -16:30 Village Hall	Christmas Craft Fair
SAT 16	evening	Village Hall Horse Race Night
SUN 17	19:30 Village Hall	Country & Western music club
WED 20	14:00-16:00 Village Hall Car Pk.	Mobile Post Office
THURS 21	19:00 Village Hall	Short mat bowls
TUES 26	09.30 Jubilee Crt. 09.55 Green	Mobile Library
WED 27	14:00-16:00 Village Hall Car Pk.	Mobile Post Office
THURS 28	19:00 Village Hall	Short mat bowls
FRI 29	10.00 URC Chapel	Coffee morning
FRI 29	19.30 Village Hall	Community Bingo

LOOKING AHEAD

DECEMBER

WED 4 19.30 Village Hall Local History Group - "Stowupland Pubs, past & present"

MSDC General Contact No. 0300 1234000

Mobile Library - 07721 879855

Parish Council

Donna Bridges - Chairman - 07736 348335
donnabridges@stowuplandpc.co.uk

Laura Beeson - 07918 808387

laurabeeson@stowuplandpc.co.uk

Terry Easter - 07958906176

Terry.easter@stowuplandpc.co.uk

Laura Johnson - 07826 851030

laurajohnson@stowuplandpc.co.uk

Debra Melhuish - 07979125904

debramelhuish@stowuplandpc.co.uk

Paula Murton - 07906 677817

paulamurton@stowuplandpc.co.uk

Hayden Power - 07592 273267

haydenpower@stowuplandpc.co.uk

Ray Studd - 01449 676606

raystudd@stowuplandpc.co.uk

Jerry Voden - 01449 703717

jerryvoden@stowuplandpc.co.uk

Clerk to the Parish Council -

parishclerk@stowuplandpc.co.uk

Parish Council Minutes of meetings and agendas are available on the Parish Council Website
www.stowupland.suffolk.cloud

Village Hall Bookings

Lisa Tunbridge - Phone - 07515859337

stowuplandvillagehallbookings@gmail.com

Village Clubs

Book Group - Patricia Hodgkins - 01449 672127

Stowupland Bowls Club - Graham Newman - 01359 240846

Community Events - Keith Welham - 01449 673185

Country and Western - Pat Murphy - 01449 677405

Local History Group - Jerry Voden - 07951 086383

Short Mat Bowls - Pam Fayers - 07713026696

Sports and Social Club - Mark Dye - 07799 662491

Stowupland Cricket Club

www.stowuplandcricketclub.co.uk/

Stowupland Falcons Football Club -

stowuplandfalconsfc.co.uk

Stowupland Sports Centre -

info@stowuplandssportscentre.co.uk - 01449 672531

Stowupland Wildflower & Biodiversity Group -

Keith Welham - 01449 673185

Stowmarket Wildlife Group - Heather Salmon

-heathersalmon50@gmail.com - 07722 871205

MANNERS MAKETH MAN (AND WOMAN)

Were you taught the social graces,
When you were very young?
To be on your best behaviour,
When guests you were among.



Were you told to mind your manners?
Were you taught the wrong from right?
Did you remember Ps and Qs?
Were you told to be polite?



Were you taught to use the "please" word?
It's what you have to do.
And after someone has been kind,
Remember your "Thank you."

Remember to say "sorry",
You've done wrong, hear the cries.
People will think more of you,
If you apologise.

Some believe the word "sorry,"
Is hard to say with grace.
Perhaps not true, because in Wales,
There is that very long place.



AIRPWLLGWYNGYLLGOGERYCHWYRNDROBWILLANTSILIOGOGOGI(H)

Have you been in the company
Of some that might just groan?
The reason for this action ---
Someone's using a smart phone.



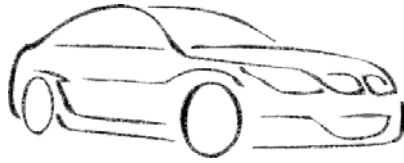
When you are meeting someone,
And I'll include it in my rhyme.
Like me, you're probably happy,
If they are in good time.



You'll have your own good manners,
The things that you'll expect.
But if they do not match with mine,
We'll disagree, with respect.



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D-DAY PLUS ONE

A Tragic Day for 34th Bomb Group

On June 7, 1944, just a day after the historic D-Day invasion, the 34th Bomb Group at RAF Mendlesham experienced a tragic and unexpected loss that left an indelible mark on its history. Known for never losing a single aircraft to enemy fighters over enemy territory, this day broke their streak in the most heartbreaking way. After a successful bombing mission over Tours, France, the formation of B-24s was shadowed by enemy aircraft on their return to base. As they neared RAF Mendlesham, they were ambushed by German JU-88 and Me-410 fighters from the Kampfgeschwader 51 'Edelweiss' Wing.

Four of the returning B-24 bombers were attacked and shot down as they prepared to land. The losses were staggering:

- *Cookie's Wailing Wall* from the 391st Bomb Squadron (BS) crash-landed at Eye Airfield, fortunately, without loss of life.
- *Sweet Sioux* from the 4th BS tragically crashed at Wetheringsett, claiming the lives of three crew members. The navigator 2 Lt Grabowski and ball turret gunner, SSgt Johnson are buried at the American Cemetery in Cambridge.
- *Wilson* from the 391st BS crashed into the Personal Equipment Building at RAF Mendlesham killing seven of the crew with only one member managing to bail out. Four of the fallen were later laid to rest at the American Cemetery in Cambridge.
- *Scotty* from the 18th BS crashed in the vicinity of Nedging Tye near the 4th Strategic Air Depot. Witnesses Leonard and Clara Pryke, who lived nearby, saw the heartbreaking event unfold. The aircraft suffered fires in the No. 3 engine, on the flight deck and in the bomb bay, leaving the crew in a desperate situation. The pilot, unable to communicate with his team, set the plane into a climb giving himself and the crew a chance to bail out. Tragically the ball gunner Sgt. Tipton and the tail gunner Sgt. Nowakowski bailed out too low and did not survive. The radio operator SSgt. Stygall was killed by enemy fire and went down with the aircraft. Sgts Nowakowski and Stygall are also buried at the American Cemetery in Cambridge.

Of all the aircraft in the formation, only one B-24 bomber safely landed at RAF Mendlesham that night. The remaining aircraft were diverted to other airfields as the attack unfolded.

Decades later, the memory of this tragic event continues to resonate with families and communities on both sides of the Atlantic. Mrs. Maggie Aggis, granddaughter of the Prykes, carries the story of *Scotty's* loss as a family legacy. She hosted Adam Stensby, the grandson of *Scotty's* bombardier Lt. Donald McCarthy during his visit to the 34th Bomb Group Exhibition at the 'Middy' Railway Museum on October 9th.



They then met with Mr. Barry Lacey of Park Hall Farm to view the land on which RAF Mendlesham was located. After lunch they made their way to the crash site of *Scotty*, preserving the memory of those who sacrificed so much.

As more Americans visit the UK to honour the service of their fathers and grandfathers, the courage and valour of the 34th Bomb Group remain an enduring testament to the bravery of the men who served. Their stories will not be forgotten.

Bonfire Night at the Food Museum Promises a Dazzling Celebration!

Stowmarket, Suffolk – Saturday, 2nd November 2024



Make sure your Bonfire Night goes off with a bang by joining the crowds at the Food Museum for their popular annual Bonfire Night Celebration on 2 November, **rated one of the UK's top Bonfire Night events by Time Out!** This traditional family-friendly event in the heart of Suffolk guarantees an evening of autumnal fun and food.

The evening will feature a spectacular fireworks display, along with a traditional roaring bonfire to keep you warm. There will be classic fairground amusements to enjoy, along with a working vintage steam engine from the museum's collection and sparklers available to purchase. Visitors can enjoy a wide variety of delicious food options, with over ten local food vendors and the museum's own café offering everything from loaded fries and hog roast to poke bowls, jacket potatoes, mac and cheese, and wood-fired pizza. A variety of sweets, cake and hot drinks will also be available to satisfy your cravings.

Gates open at 6:00 pm, and food trucks, snack bars, and fairground attractions will be open throughout the evening, with the fireworks display taking place at 7:30pm. Tickets can be purchased in advance online or through the museum's shop. While tickets will be available on the night, we recommend securing yours early, as this popular event sells out quickly.

Ticket prices are £7 for adults, £5 for children aged 4-16, with free entry for children aged 0-3.

To purchase tickets, please visit the Food Museum's website: <https://foodmuseum.org.uk/events/bonfire-night-celebrations/>

Butchery Masterclass at The Food Museum – Learn Traditional Skills Ahead of Christmas!

Date: Sunday 17 November 2024

Location: The Food Museum, Stowmarket

The Food Museum is delighted to announce an exclusive, hands-on workshop with renowned Master Butcher, **Nigel Goodchild of Alder Carr Farm** in Suffolk. This day-long workshop on Sunday 17 November will teach participants how to expertly butcher, prepare, and tie traditional cuts and joints from a pig.

Participants will learn the skills to truss their own joints and make delicious sausages, ready for festive feasts or stock the freezer over winter. Nigel will guide attendees through traditional butchery practices, ensuring everyone leaves with practical knowledge and a selection of their own butchered meats.

In addition to the hands-on butchery experience and joints to take home, attendees will enjoy a delicious lunch at **Feast Café**, The Food Museum's on-site café. Feast uses ingredients grown in the museum's walled garden wherever possible, along with local produce. The menu changes seasonally, reflecting the best of what's fresh and local.

Details:

- **Ages:** 14+ (Booking essential)
- **Price:** £220 per person
- **Includes:** Refreshments, lunch at Feast Café, and a selection of your own butchered joints and sausages to take home

This rare opportunity to learn from one of Suffolk’s best will help you prepare for a season of fantastic food. Spaces are very limited, so early booking is advised. To book, head to:

<https://foodmuseum.org.uk/events/butchery-masterclass/>

New Photography Exhibition by Renowned Art Director at the Food Museum, Stowmarket

The Food Museum is delighted to announce the opening of Eat to Live or Live to Eat, a unique photographic exhibition by acclaimed art director and stylist Camilla Wordie, which began 5 October 2024 and will run to early 2025.

This exhibition in the historic Abbots Hall Community Galleries highlights the intimate and joyful relationship people share with food, presenting the work of 10 talented photographers capturing the ingredients that 10 people couldn’t live without.

Through her work, Camilla Wordie finds humour, joy and intimacy in learning about other’s food habits, whether they be close friends or strangers. This intimate exhibition hopes to encourage viewers to find joy in the simple pleasure of food and spark conversation through compelling portraits. There will even be a chance for visitors share their own 10 ingredients that they can’t live without.

The thought-provoking Eat to Live or Live to Eat exhibition is included in the price of museum admission.

<https://foodmuseum.org.uk/events/eat-to-live-or-live-to-eat/>

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2024 – 2026



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**Bronze
Rights Committed**

The Rights Respecting School Award (RRSA) is an initiative run by UNICEF UK. There are four key areas of impact for children: well-being, participation, relationships and self-esteem.

We are delighted to have received the Bronze Award, the first stage of the Rights Respecting initiative. We are now working hard towards embedding the principles of the UN Convention on the Rights of the Child into the school's ethos and curriculum.

Harvest Festival

Children in Years 1-6 visited The Holy Trinity Church for Harvest Festival last month. Their celebrations included harvest songs and poems. School donations of non-perishable goods were combined with Church donations for the Stowmarket Food Bank.



Junior Road Safety Officers

Four new Junior Road Safety Officers (JRSOs) have recently been appointed. They are keen to continue to raise road safety awareness and promote road safety issues to everyone in school, and the local community, and will be putting together an action plan for this academic year.



Please look out for their road safety messages in future editions!

Tyler (Yr 6); Charlie (Yr 6); Ben (Yr 5); Ellie (Yr 5)

'Go for Gold' 2024 Olympic Reading Challenge

The whole school were invited to take part in a reading challenge linked to the Summer Olympics.

Winning entries were placed in a class draw and names pulled out from each draw won a £5 Scholastic book voucher to spend at the Bookfair.



Sporting Opportunities

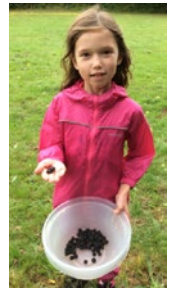
Year 6 pupils are enjoying receiving rugby training sessions from Coach Josh from the St Joseph's Sports Teaching team. They learnt the key rule of throwing the ball backwards, completing several drills to perfect this skill.



Forest Schools

Children in Year 3 are enjoying their Forest School sessions. They recently had an afternoon of conker fun telling stories, creating art and making conker comets to launch.

They have proudly learnt to climb trees independently and bug hunters found snail eggs and a froglet. They also picked blackberries and made bramble tea!



We look forward to sharing more information with you throughout the current academic year.

'From tiny acorns do might oaks grow'

Stowupland Village Hall Excellent facilities - competitive prices



Our Village Hall is just the place for clubs and groups to meet or for special functions, such as parties, receptions and exhibitions.

There is one large room suitable for 140-260 people depending on the event. A small one seats up to 20 people. There is a well equipped kitchen, and a licensed bar, plus an audio-visual system and Wi-Fi. There is ample car parking and an outdoor children's play area.

Interested? Look on our website at <https://hallbookingonline.com/Stowupland>

Or contact Lisa Tunbridge our booking secretary

Tel: 07515 859337 email: stowuplandvillagehallbookings@gmail.com



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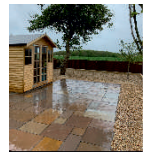
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PROBUS CLUB

Come and Join Us

PROBUS CLUB is a group of retired and semi-retired men and women who meet monthly for lunches and social activities.

Members come from all over the area including local villages.

Probuss have branches all over Great Britain. Our branch meets on the first Tuesday of every month in the Royal British Legion in Stowmarket at 10:20 am. There is ample parking in the area.

After morning coffee, we relax and listen to one of the guest speakers. This is followed by a two-course luncheon provided by 'Kelly's Kitchen'.

Talks Schedule:

December 3rd - Before our Xmas Lunch we will be entertained by the fantastic WESLEY UKELELE BAND.

January 7th - CITIZENS ADVICE - Sheila Taylor.

February 4th - «LUCK IS THE NAME» - Pip Wright

March 4th - EAST COAST TRUCKERS - Jackie Moy.

We have arranged a Trip out for Wednesday 20th November to the highly acclaimed CROMER CHRISTMAS SHOW.

In January we will be having a lunch out at STOWMARKET GOLF CLUB.
Date to be confirmed.

PLEASE COME AND JOIN US AND MAKE LOTS OF NEW FRIENDS.

CONTACT president@stowmarketprobuss.co.uk or telephone Keith 07395080975.

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LOCAL HISTORY GROUP

On Wednesday **November 7th** Dot Marsden will share her knowledge of Stow Lodge.

Built as the local '**House of Industry**' at Onehouse in the 18th century, by the mid-20th century it had been repurposed as our local General Hospital and is now residential flats.

Image from Harry Double - Stowmarket, The March of time (p23).

Members pay just £2:00, Visitors are always welcome, £5:00 on the door.

And don't forget our **December 2nd** meeting when Neil Langridge will help us get into the festive mood, with his **Tour of local Pubs, Past & Present**. There is no charge for this meeting, so please bring a friend.



Looking back to September, here is Jerry's review of our September talk from Dr Anne Folan, who took us back over 100 years for a '**Look into Health Visiting in Ipswich - 1907 to 1930**'.

Using slides to illustrate her talk, Anne explained how and why Health Visiting began in Ipswich, developing into the services we know today. Anne started by telling us that as early as 1862 there were concerns about the number of babies who were dying at birth or soon after. A

group was formed to look at this. The Public Health Society started to look at what could be done to help the situation and try to understand why so many babies were dying before their first birthday.

The group looked at what after-care services were available for new mothers in Ipswich, realising that prior to their investigation there was very little support to help young families with newborn babies in the community. Anne told us about an initiative that was set up in Ipswich. Female health visitors were engaged to make house calls to offer advice on hygiene and other general tips about children's health in the early stages of an infant's life. Before long, the death rates did come down.

However, by 1905 it was noted that 13% of infants were dying before their first birthday and reform of the visiting system was set in motion. A reformed system of paid visitors was employed to visit families and give help with problems experienced in the early days of childhood. This proved successful, and death rates came down. The funding for this came from the local councils, and there were soon 55 similar schemes operating around the country.

In 1906 after setting up the scheme a Sanitary Health Committee was set up to look at the arrangements in the town. They originally had 30 applications for a job which included going round the town inspecting the public toilets - there were 66 in the town at the time. This was thought to be contributing to poor public health and could affect infants if they were out and about. Not the best of jobs but it was covered, and a number of public toilets were closed with an upgrade of the ones that were left to serve the needs of the population of Ipswich.

Anne went on to give a series of significant dates that were important in the progress towards our present day system. To give a few examples; -

-The Mid Wives Act of 1902 was a step towards regulating the practise of midwifery. Training and qualifications were essential, and an establishment was set up in Ipswich for training purposes. A salary of £100 a year was paid and that included uniforms.

- After 1907 mid-wives, as well as attending the birth, would do follow up home visits and offer support to families with new babies if a new mother was struggling. The lady who started this was Miss Annie Wynn.
- In 1908 medical inspections on a 3-month cycle were introduced to help reduce the death rate of infants.
- By 1910 statistics showed there were enough staff to allow visits for 36 babies a week.
- Between 1914 and 1918 due to the Great War, there were no statistics kept between 1915 to 1918. However Mid Wives were paid an additional 7 shillings a week war bonus on top of their salaries.
- By 1921 Annie Wynn recognised more help was needed as the birth rate had increased. Larger premises were sought in Ipswich so mothers could access health care for their infants.

In 1930 Annie Wynn retired, with the service in good order in Ipswich. Bringing us more up-to date, Anne told us that between 1929 and 1974 midwifery services were paid for by the local authorities. It wasn't until 1974 that it became funded by the NHS. Once again you would need to have been there to see Anne's excellent presentation to get the full facts on this interesting subject.

Neil thanked Anne for coming and Liz was on hand for some welcome refreshments.

Regular readers will recall that in last month's Telstar I shared some riveting details about the carpentry trade in the early 20th century, as remembered by William's son, the Rev Leslie Brame. With Remembrance Day just a few days away I thought I would share what Leslie remembered about the Boys' Brigade and their early parades to mark Remembrance Day in Stowupland. These details have been copied from "As I Remember It, Book 1" in which Leslie shared many memories of his life in Stowupland. SLHG is extremely grateful to Joyce Gardiner from the URC Chapel for allowing us to borrow this manuscript.



Unfortunately, I don't have any dates for the Parade that Leslie recalled, but our War Memorial was erected in 1920, when he was 16. At that time, he had been in the Stowupland Boys' Brigade for 7 years. two years later he left Stowupland to study at Cambridge University (just as an aside, he wrote that it took him 4 hours to cycle from Stowupland to Cambridge!)

Leslie was born at the start of WWI, and he related that his older sister Kittie told him later, **"war broke out August 4th, you broke out October 26th.** This was also her 4th birthday and apparently, she burst into tears when told her baby brother was her birthday present crying, **"I didn't want a baby for my birthday, I wanted a dolly."** However, she was pacified by her father when she was given her proper present, a large dolly. Leslie wrote that his mother Ruth was a gifted diplomat as she told her young daughter, **"Now you have your baby and I have mine, we'll swap sometimes shall we."**

Anyway, to return to the Remembrance Day parade. Stowupland Boys' Brigade were joined by boys from the Stowmarket Brigade who had been bused down to Stowupland Company Headquarters (was this the B.B Hut that used to stand near Crown Farm? This may not have arrived in the village until 1921 and was demolished in 1979).

Leslie recounted how both companies lined up in the road behind the colour party who were carrying the Union Jack, the Stowmarket Company Colours and the Stowupland Colours, **'the drum major gave the marching orders, and we were away'** as accompanied by their band they marched along the road to the cemetery.

On reaching the war memorial the Stowmarket congregational minister Eric Weir received the colours and placed them in ***'convenient sockets on either side of the front panel...then as the kettle drums beat softly, people would come forward with wreathes or flowers and lay them om the memorial steps. A piano had been placed behind the memorial and a chord was played to mark the beginning of singing the National Anthem.'*** Prayers and a Bible reading followed and ***'someone of importance in the village, such as the headmaster'*** would read the names of all who had ***'given their lives for family, King and country. The two minutes silence following, exactly at eleven o'clock, was pregnant with meaning, because families, and several girls who had lost their fiancées, had been hit between the eyes by the losses they had sustained.'***



Then to a final hymn, usually 'O God our help in ages past' the drummers increased the poignancy of the ceremony with drum rolls on their kettledrums and culminating with 'a big bang on the bass drum.' The bugler then sounded the 'Last Post,' followed by 'Reveille.' The minister then pronounced the blessing, and the service ended, by which time a lot of people ***'were unashamedly in tear's.'***

Leslie commented that ***"In the fifteen minutes after that, people mixed and greeted one another irrespective of social status or denomination, and when the mood was more relaxed the Brigade was called to 'Fall in', received their colours and moved off to the beat of the drum and the blare of the bugles".*** Back at the headquarters, they could ***'Fall out'*** and some ***"kindly ladies brought hot soup and tea."***

Although Lesley was younger than most of the men named on the war memorial, we know that roughly 1/3 of the 37 brave men who did not return home came from families who lived in nearby homes, their families lived either along Main Road (today's A1120) or in Saxham Street. Although he makes little mention of how his family was affected by the war it is certain that they would have shared the grief of neighbours. What we don't know is just how many local men did see action in the two wars, we know the names of some who did not return, but very little about those who did return. I can't help wondering about how they and their families coped with the return to rural life in the 1920s and '30s.

At the time Leslie was growing up, between the school and Stowupland Hall there were far fewer houses then now. He described the group of 4 terraced properties, between the church and Stowupland Hall, as the hamlet of Church Walk. He described it as 'comprising 15 'units' or perhaps we would say households. The farthest of these properties was Barn Cottages. When WW1 broke out Alice and William Horrex were one of 6 families living there. Two of their sons were buried 'in foreign fields.' Before the war Bertie Horrex had worked as a farm labourer and lived in Century Cottage. He was 26 when he died and was buried on the Somme. His brother, John William was 32 when he died and was buried in Greece. Before the war he had also been a farm labourer and had married, at the time of his death his son was 5 years old.

On a happier note, a group of SLHG members had a day out in Worlingworth for a Focus On event organised by Worlingworth LHG and the SLHC. Did you see the Worlingworth Fire Engine that Geoff Robinson had taken to 'The Repair Shop' for restoration back in the summer? We got to see it in action and yes it can shoot a spout of water nearly as high as Worlingworth church tower. Geoff also shared some research he has been doing into local families and properties, as well as telling us about some interesting finds that metal detectorists and gardeners had uncovered on their lands.

DOWN MEMORY LANE

November as well as being a time to reflect on lives destroyed by war, we are also reminded of acts of treason. Nowadays, November 5th is more about having a party - how many of us really think about the reasons behind bonfires, guys and fireworks.

In the 1970s you might have bought your fireworks from Wildens in Stowmarket. Do you remember making a guy and seeing him burn on the bonfire? These young Stowuplanders from the Whitefield and Thrower family made a big one.



UNSURE WHAT TO GET FOR CHRISTMAS?

STOWUPLAND
LOCAL HISTORY
GROUP

Why not treat yourself or a friend to membership of SLHG?

Our new membership year starts in January 2025.

- Learn about Stowupland's past - who walked the paths you walk?
- Learn about Suffolk's History, without leaving the village, unless you want to.
- Find support to do your own research – if you want.
- Be part of the wider Local History community – if you want.
- We meet in the Village Hall, first Wednesday of the month (except no meeting in January!)

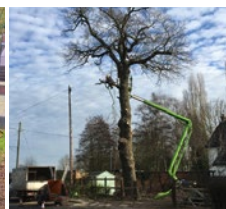
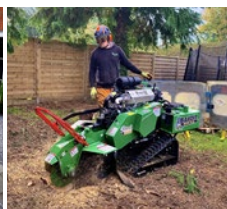
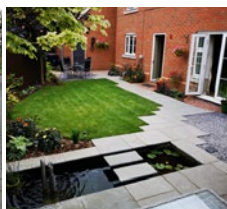
**If you have any queries about our meetings or Stowupland's past,
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The
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U.R.C CHAPEL

NEWS

Minister: Revd Robert Sheard
Telephone 01449 678173

We united on 6 October, at the Chapel, for our Harvest Festival Service when the Chapel was beautifully decorated with flowers and produce. Once again, this year's Harvest has been especially difficult for many farmers and yet they continue to operate to some of the highest standards in the world, ensuring the food we eat is of high quality, safe and nutritious. With this in mind, we decided that our Harvest collection would once again be sent to The Farming Community Network (FCN), which is a charity supporting the farming community. Donations of produce were made to the food bank. Thank you to all those who contributed to make these very worthwhile donations.

Services continue to be held at the URC Chapel, Church Road, Stowupland each Sunday at 10.30am and you are cordially invited to join us in worship. A warm welcome awaits you.

The Speakers for November are as follows:

03 November	Veda Berriman
10 November	Stephen Horrex (<i>Remembrance Sunday Service</i>)
17 November	Rev Mary Playford
24 November	Revd Norman Tharby

Joyce Gardiner

Matthew 13:31-21

"He told them another parable: the kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches."

Whenever I read this Bible story I think of my granddaughter, Paige, who had been brought up in the USA on a large estate where her parents worked and had fostered Afro-American children. Following her marriage and having lived in the hustle and bustle of central London, she moved with her husband and family to South Africa. A complete change of lifestyle which allowed her to bring up her two children in a leafy suburb of Constantia, just outside Cape Town, in the sunshine and with a garden. One day while out, she noticed a lady asking for help so that she could support her family, and The Giving Bag was born, a non-profit organisation on a mission to provide gift bags of hope to needy women and children in Cape Town. The concept for the Giving Bag took root when she was decluttering her home and clearing out baby clothes her children had outgrown. "Paige thought instead of donating it somewhere why not just give it away myself," she says. "I started by putting clothing and toiletries in some reusable bags and backpacks and handing them out to women and children on the streets and then it has just flourished from there."

The gift bags include clothing, shoes, toiletries, soaps, toothpaste, toothbrushes, hand sanitiser, shampoos, body washes and small tokens of kindness such as stuffed toys, puzzles, books etc. Her kindness was recognised by the Union of Jewish Women, a non-profit organisation with more than 90 years of experience providing welfare projects across South Africa, and they took the Giving Bag under their wing and gave it the status of a registered

non-profit organisation and public benefit organisation.

A small act of kindness which grew to cover a nation.

John Webb. (Elder Stowmarket URC)



COFFEE MORNING

Friday 29th November 2024

Stowupland URC Chapel

10am – 12noon

Coffee, Tea and Cakes

All welcome

Will include a Christmas draw



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You will be saving money and supporting your local youth.

Post your cards together with just **40p per card** into one of our collection boxes and we will make sure they are delivered in time for Christmas. For many reasons, please avoid packaging for the cards and money. **Loose Is Best!**

You can find our post boxes from Friday 15th Nov 24 at:
"Stowmarket Library"

"StowHealth" and "Combs Ford Surgery"

"Mid Suffolk Leisure Centre"

"M&M Butchers (Stowupland)"

"ZarKeys (Meadow Centre)"

"Baldwins" "Tesco"

"Co-operative (Combs Ford)"



Last date for posting is Monday 16th Dec 24

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For more details of our service, or if you would like us to collect cards specifically from your organisation, please contact:

Dave Newbery on 07889 137783

CHRISTMAS CRAFT FAYRE

Saturday

16th November

10.00 am to 4.30 pm

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Village Hall
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Grand Prize Draw!

HOT SNACK MEALS
from 12 noon

REFRESHMENTS AVAILABLE 10am - 4pm

For further details contact Ann Doubtfire Tel. 01449 770363

HOLY TRINITY CHURCH

HOLY TRINITY CHURCH

NEWS

HOLY TRINITY CHURCH
STOWUPLAND

Rector: In Vacancy
Curate: Revd Alison Roberts Tel. 613037
Churchwardens: Mrs Ann Doubtfire Tel. 770363
Mrs Sue Hayter Tel. 613710



Dear Friends

November is here and the nights are really drawing in. Now is the time to ponder on the past year, a time for remembering and remembrance. At the beginning of November on the 1st we have All Saints Day where we remember and celebrate all the Christian Saints, known and unknown and on the 2nd November we have All Souls Day when we commemorate the souls of the faithful departed. There is also Remembrance or Armistice Day on the 11th November when we remember the end of the 1st World War. So, what does that have to do with Church – well, we also will be marking these special days.

On **Sunday 3rd November** we will have a special service to remember loved ones who have died. They may have had a funeral recently or the funeral may have been years ago, but their memory still lives on, and we would like to help you commemorate this. You are warmly invited to this simple service of readings, hymns, prayers and a time to light a candle for your loved ones. There will actually be two services across the Benefice and you are welcome to come to either of these:

- 3pm on Sunday 3rd November at Stowupland Church
- 5pm on Sunday 3rd November at Haughley Church

On **Sunday 10th November** – Remembrance Sunday there will be a Remembrance Service in church. This will start at 10.50am to ensure that we can mark the 2-minute silence at 11am. Again, everyone is very welcome.

We would also like to remember our friend Revd. Paul Clarke who has now retired due to ill health. It has been a joy to have him back in the Benefice even though it was for such a short time. We wish him well for the next chapter of his life.

We now start the process of finding a new vicar, but your church is still very much open and here for you. We are always pleased to discuss with you any special celebrations – weddings and baptisms as well as being available for funerals. If there is anything that you would like to discuss then please do get in touch with me or one of the churchwardens.

Yours in Christ, Revd. Alison (Curate)

Services In November

Date	Stowupland	Haughley	Wetherden
3 rd November	3pm Memorial Service	5pm Memorial Service	11am Benefice Communion
10 th November	10.50am Remembrance Sunday Service	10.50am Remembrance Sunday Service	10.50am Remembrance Sunday Service
Monday 11 th November	11am Service at Steeple View	10.50am Armistice Service on the Green	2pm Service at Mere View
17 th November	9.30am Morning Worship	11am URC led service	11am Worship for all
24 th November	6.30pm Parish Communion	9.30am BCP Communion (said service)	11am Parish Communion

A REMEMBRANCE PRAYER: God of love and compassion, we commend to Your care all those in our world who suffer through war, conflict, and injustice, the injured, bereaved, dispossessed, brutalised and despairing. Those whose scars are visible, and those whose scars are hidden deep inside. We honour those who have served in conflicts past and those who have been killed, bereaved, and wounded in more recent and ongoing situations through service in our armed forces. We pray for all who mourn loss and live with pain and those who continue to struggle against adversity. Grant Your healing and strength, Your care and consolation and be with all those who offer support and care, working to rebuild what is broken and to heal all that are wounded. Through Jesus Christ our Lord. AMEN.

CHRISTMAS FAYRE: Come along to lunch at the **Christmas Fayre** on Saturday, 16th November and browse a wide variety of stalls from which you can buy your Christmas presents. Bring the children to enjoy the Christmas Grotto! You can enjoy a hot snack lunch; other lunchtime snacks will be on sale. Refreshments are available all day.

FOOD BANK BOX: If you would like to donate items for the Food Bank to help those in need of a helping hand, there is a box at the back of the church for you to leave your items. The church is open during service times and on the 3rd Saturday morning each month to accept donations. Thank you!

CHURCH HALL HIRE: Please remember that the well-appointed Church Hall is available for hire at reasonable rates and would be ideal for children's parties and small groups/meetings. For more information, please contact Sue Hayter on 01449 613710. Thank you.



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THE TELSTAR TEAM

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Business Advertising - Sally Wray - adverts.telstar@hotmail.co.uk. Businesses with a Stowupland connection can advertise at very reasonable rates.

Diary Dates - Neil Langridge – stowman@stowman.plus.com 01449 616275. To let the village know the date and venue of your event contact Neil to be included in the diary dates.

Distribution Co-Ordinators - Keith and Cathy Welham – 01449 673185. Colin Vickridge and Keith Welham are our proof-readers and Jerry Voden chairs meetings of our team. The entire team are unpaid volunteers.

Telstar is distributed by a team of volunteers who deliver the magazine to over 1,250 homes in Stowupland. The magazine is produced every month, with the exception of December and January, which is a combined copy that gives our trusty team of volunteers a well-earned Christmas break!

Telstar is funded by grants from Stowupland Parish Council and Mid Suffolk District Council as well as income from business advertisers.

From the Telstar Committee

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Community

BINGO

NIGHT

All Cash Prizes

FRIDAY 29th November

STOWUPLAND VILLAGE HALL

Doors open 7.00 pm; Eyes down 7.30 pm

Everyone Welcome

(over 18's only)

Bring your own drink and nibbles