

Telstar

Stowupland News

No 346
September 2021



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**STOWUPLAND
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EDITOR'S NOTES

SEPTEMBER 2021



As we start to head towards autumn we will see our children back in our schools, our summer sports ending and our winter sports starting.

Thankfully, we are now able to take part in more community-based things and it may start feeling more 'normal', whatever that is! Most adults will have had their double vaccinations and I hope everyone still takes reasonable precautions like keeping your distance in queues, hand washing etc. like

Please support the Yard Sale if you can, it's for a very good cause. Julia and Dave Brown give their time generously to raise funds for EACH but it only works if people take part. If you fancy a clear out do contact them to join in the Yard Sale. Details are in this issue.

There is also a request for people to come forward to help arrange some kind of celebration for the Queen's Jubilee next year – do consider it as these things don't take place without some effort.

You can read about the first meeting of the Wildflower and Biodiversity Group in the following pages. It's nice to see so many people wanting to see some positive changes in the village.

I would love to hear from our local farmers about how the harvest went, the difficulties they face, the changes they must make. Whilst it's been a difficult couple of years for us all, I am sure there have been greater challenges in our farming community. Brexit, pandemic, lack of lorry drivers, and adverse weather conditions must have all played their part.

Please do send in your articles, recipes, or puzzles to kay.telstar@gmail.com

Kay

Cover photo – Harvesting by Ace Photographer Keith Hyland

THANK YOU

I would like to thank my 6 neighbours who sat with me for two hours, and when it rained, after I fell and fractured my hip. Sally, Michael, Sarah, Andrew, Dave, and Sue. I would also like to thank the gentleman who phoned for the ambulance. I am in my fourth week of recuperating. Where would we be without good neighbours.

Colin Churchill

HARVESTING IN STOWUPLAND IN THE 1820S

Some extracts from the diary of Charles Rayner Freeman of Stowupland Hall give an insight into harvesting at that time.

Harvest was a labour intensive task before mechanized farm equipment and all available hands were called in.

Aug 8 1822 *"20 sickles at work at one time in Great Stonham field"*.

Another harvest custom was largesse, a traditional payment on top of the agreed wage that was distributed amongst the reapers.

On 13 Sept 1826 Freeman *"gave largesse 1s 6d"*

It was thirsty work and Freeman paid Mrs Robinson of The Pickerel *"£5 for beer"* in August 1826

After all was gathered in the agricultural workers would be treated to a meal and drinks by the farmer called the horkey

26 Sept 1824 *"harvestmen have their frolic at The Pickerel"*

9 Sept 1825 - *"Wholly finished harvest - paid men at night and gave them their supper"*

HARVESTING TODAY

Our front cover shows the modern machinery that is used for harvesting today. I would love to hear from local farmers about how life has changed on the farm, the machinery that helps them, the need to diversify and all the challenges that they face.



Walking through our local fields on a nice summer's day is a pleasure for many Stowuplanders, but what hard work does it take from our farmers that we can enjoy our local landscape?

Do get in touch with kay.telstar@gmail.com

Ed.

MEMORY LANE



Were you there 'on a clear and sunny morning of March 27th, 1999' when a group of residents gathered in the cemetery to plant a Millennium Oak?

Also, amongst the WI papers was this poem, author unknown.

The Tree Prayer

You who would pass by, and raise your hand against me
– listen before you harm me.

I am the heat of your hearth on long winter nights;

The friendly shade screening you from the summer sun,

And my fruits are refreshing draughts.

I am the beam that holds your house.

The board of your table, the bed on which you lie,

And the timber which builds your boat.

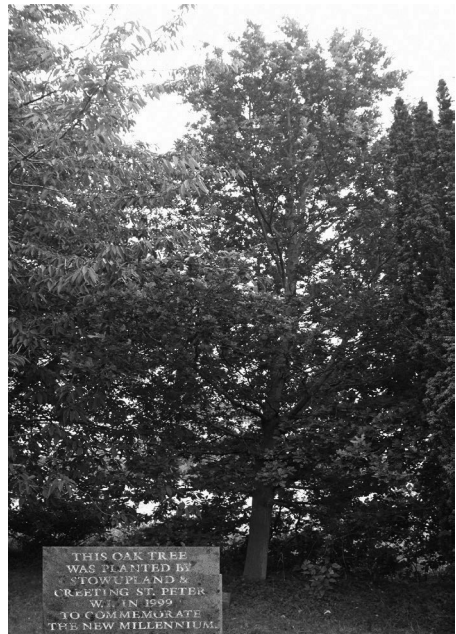
I am the handle of your hoe, and the door of your homestead.

I am the wood of your cradle, and the shell of your coffin.

I am the gift of God and friend of man,

You who pass by me, listen to my prayers,

And harm me not.



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HOME-START MID & WEST SUFFOLK – STOWMARKET UPDATE

Eagle-eyed shoppers may have noticed that our charity shop on Ipswich Street in Stowmarket has now closed. Rest assured, Home-Start Mid & West Suffolk are still operating in our local area, but we have taken the decision to branch out into online selling to complement the funds raised by our charity shop in Eye. We have therefore set up an eBay on-line selling hub in Station Road West.

You can find us by searching for **Home-Start Suffolk** on **www.ebay.com**, or for **Home-Start eBay Hub** on **Facebook**. We have a great mix of good quality and unusual items for you to browse through from the comfort of your armchairs!

The selling hub will not be open for viewing/selling to the general public, but if you would like to drop off any donations for us to sell on-line, please contact our hub manager Rebecca on 01449 775569 or 07563 028715 to arrange this. You can either “click and collect” any purchased items by arrangement, or have the item posted direct to your door (P&P charges apply).

If you would like to volunteer at the E-bay selling hub, please contact us on 01379 678552 to discuss this further. Roles include sorting donations, preparing them for sale, photographing items, packing them ready for posting, but we are particularly looking for volunteers that would be happy to list items for sale on e-Bay.

We are also looking for volunteers that would like to support our local families by home-visiting, and also to help at our family group that runs on Friday mornings at Red Gables. Please contact Alison on 07936 913929 to discuss these roles and find out how to apply.

At Home-Start Mid & West Suffolk we believe that children and families deserve the best possible start in life, to have choices and chances to live the best lives they can. We offer support through home visiting/ telephone befriender volunteers, family groups, specialist support groups (such as perinatal mental health and SEND). Our services and projects are dedicated to making a positive difference to the lives of children, families, and communities throughout Mid & West Suffolk.

For more details about our work, please see our website www.homestartmidandwestsuffolk.org.uk or find us on Facebook.

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DOWN TO EARTH

KATE ELLIOTT

As autumn takes hold and the last rays of summer sun become increasingly fleeting, the garden spends a few days drenched in gold. These are some of the most beautiful moments of the year and depend upon the low angle of the sun and the plants that you have. But you can plant and plan to bring as much gold into the garden to provide the same warmth and splendour throughout the gardening year.

Of course, substituting any old yellow when you really want gold is not going to do the trick. Yellow does not achieve the same effect at all. Gold has undertones of brown and orange and shimmers, reflecting light.

Generally, spring yellows tend to be paler than the ones at this time of year, so golden flowers are thin on the ground until midsummer.

However, as summer progresses the choice increases. Marigolds (*calendula*), the Californian poppy (*Eschscholzia*), *Lysimachia punctata*, *Achillea 'Gold Plate'*, are all capable of adding gold to the garden.

Golden foliage is more constant throughout the growing season and therefore vital. The golden hop, *Humulus lupulus 'Aureus'* is more lime green than gold at first, but sunshine and age help it to become as good as gold later in the year. We grow it here at Columbine up supports in the border outside the walled garden, where I cut it back to the ground when the leaves turn brown.

A couple of hollies add a spiky golden touch to the winter border. There is *Ilex 'Golden Queen'* which has a golden margin. Despite its name it is male and therefore produces no berries, whereas *Ilex 'J.C. Van Tol'* has green leaves but produces yellow berries. I think they can pass as gold. There is certainly no doubt about the fruits of the crab apple *Malus 'Golden Hornet'*, which are beautiful little golden beads that cling to the branches.

Grasses, especially at this time of year, can make a garden glisten with gold and catch the light like no other group of plants. The wonderful waving wands of *Stipa gigantea* are molten gold as the evening sun hits the seedheads. *Calamagrostis* turns from an orangery brown to gold with the light behind it and *Carex elata 'Aurea'* needs sun only to enhance its golden tones. *Miscanthus nepalensis* produces good plumes like delicate strands of gold thread. These make wonderful cut flowers, opening out in the warmth of a room to look like fluffy feather dusters.

We have had a couple of lemon trees growing in pots for the past few years. In late September I take these back into the shelter of the greenhouse in case we have an early frost. The key to their winter health is plenty of air, some light and not too much moisture around their roots but moist air.



Remember these things when storing citrus plants inside from September to May. Most houses are far too dry and hot for overwintering citrus. The leaves will start yellowing, curling up and ultimately drop off. I have found that a cool greenhouse or conservatory kept from 5-10 degrees is ideal.

The secret of potting compost for any citrus is drainage. They hate sitting in waterlogged soil, so I add plenty of horticultural grit to my peat-free compost. It is important to leave a generous rim above the compost so that when you water you can really soak the plant until it

Continued on page 13...

Andrew Bingham

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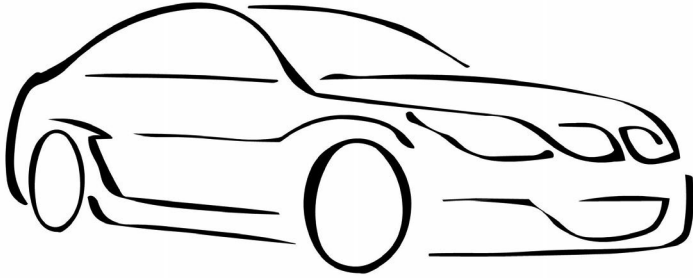
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Continued from page 11...

is pouring out of the drainage holes at the bottom. If the compost is adequately free-draining almost all the water should drain very fast. In winter there is no need to do this more than once or twice a month and in summer no more than twice a week. I also stand them on blocks to avoid any risk of the pot sitting in a puddle after watering.

The easiest citrus to grow are lemons. They are vigorous and spiny and have the great virtue of holding three crops at once. At any one time there will be flowers, young green fruits and ripening yellow ones on the same tree. New shoots of lemon leaves are typically purple in colour, as indeed are the buds. I feed with a liquid seaweed feed once a week in summer.

Oh and the scent of lemon blossom - you will smell it before you see the tree - will envelope you in the most amazing, warm, intoxicating fragrance that you will fall in love with.

Here are some jobs for you this month:

- Plant wallflowers, pansies, forget-me-nots and other spring bedding in pots and borders.
- Bring in any houseplants that you have moved outside over summer back indoors before temperatures start to drop.
- Leave sunflower seedheads in place for birds to feed on.
- Pot up herbs such as chives and parsley and place on a sunny windowsill to use during winter.
- Lift maincrop potatoes, dry off and store in hessian or paper sacks, in a cool, dark, well ventilated place.
- Plant prepared hyacinth bulbs in pots or hyacinth glasses for fragrant flowers at Christmas.
- Check greenhouse heaters are in good working order.
- Plant Hippeastrums (amaryllis) bulbs in pots for spectacular flowers over the festive season.
- Put netting across ponds to stop autumn leaves falling in and rotting.
- Wash and disinfect bird feeders and tables to maintain hygiene.
- September may be misty and mellow and marks the end of summer, but I love the slight chill in the air and the way the garden is spilling with fruit and seeds. If the year is slipping away, at least it is showering us with gifts.

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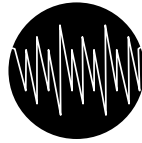
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THE WILDFLOWER AND BIODIVERSITY GROUP

Our first meeting was full of enthusiasm and ideas. Sadly, some people who have spoken to us and shown an interest were not able to attend the meeting, but their thoughts were conveyed to the group present.

Our initial thoughts were to agree three areas where it would be possible to create wildflower meadows or plant natural daffodil bulbs. After due consideration, these areas were a strip along the Green from the half mow to Columbine Close, at the rear near the cottages so as not to interfere with the football pitches; a strip from the Retreat pond to the school footpath between the hedge and the footpath; an area around the village sign not too close to the road or footpath so as not to cause any restrictions to the footpath or visibility at the junction of the B1115/A1120. These areas will have to be formally proposed to the Parish Council who own The Green and SCC for the area around the sign.

Other ideas were to build bird boxes, bug hotels, bee houses and possibly set up a workshop day to do these things if a suitable venue could be found. This would be a great project for the winter months.

Another suggestion was for us to gather information for people to grow wildlife friendly plants, position (and possibly build) bird houses etc. in their own gardens. Two volunteers (so far) will be putting this information together in a leaflet to aid people who want to create their own wildlife haven.

Some bulb planting at the cemetery is due to take place in November and it was suggested that the group could also plant bulbs (native daffodils that naturally spread).

Tree planting was also on the agenda. There has been considerable interest with the new community orchard that is due to be planted on the Linden Homes site. There is also the possibility of creating a community wood. Other biodiversity groups take part in a tree warden scheme. Although the Parish Council have a Tree Officer the role of a Tree Warden is different. One of our volunteers was keen to investigate the Tree Warden Scheme.

There are some trees in the cemetery that need replacing and a hedge that needs reinstating.

As you can tell, there are lots of ideas to create a more diverse environment in Stowupland. It will take time and no small amount of effort to bring it to fruition, but it will be worthwhile. It requires careful planning and ongoing care and maintenance to make the scheme work. If you are interested in any of the suggestions above, please do get in touch or come along to our next meeting on the 16th September in the Bowls Club Pavilion.

If you have any comments or to volunteer or join the group, please contact me at kay.telstar@gmail.com with the subject line biodiversity or write to me at 16 Oak Road, Stowupland IP14 4DP.

Kay

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COUNTRYSIDE RAMBLER

BRIAN WARD

I have been feeding the birds all summer and from spring onwards there has been a definite increase of young birds visiting the garden.

House sparrows appear to have had a very successful season with most breeding pairs producing at least two broods. These cheeky, chirpy little fellows are always on the feeders first and I do love their chirping and squabbling nature. Goldfinches are about in good numbers, you may know a young goldfinch is called a "grey pate" due to its drab appearance compared with the brilliance of the

adult, I presume. As always starlings are everywhere and descend on the feeders as a thuggish mob always bickering and very noisy, but that is that part of their charm.

I must not forget the pied wagtails, I have counted six in the garden at one time, two adults and four juveniles make up this family group, they come for a daily wash in our small ornamental stream, and they are



always a joy to watch. One of the juveniles has lost its tail but still wags away without it although it does look comical. I have one pair of greenfinches with their brood, but they are really nervous on the feeders, I have yet to see a chaffinch in the garden, but I expect they will turn up in the autumn/winter. I expect everyone has a fat wood pigeon, years ago they were only seen on arable land but nowadays they are commonplace in the garden along with their cousin the collared dove.

I often hear stories of people who have badgers, foxes, and deer in their gardens, I am quite envious, not so much for the deer because they would eat my plants, but I do love to see them in their wild natural setting.

By the time you read this there should be all the fruits of nature hanging on the trees and bushes, there has been a good show of bramble blossom so hopefully it should be a good crop of blackberries this year. I have noticed walnuts this year along with crab apples, although small they will soon fill out and ripen.

My wife and I, along with a few friends, walked the foreshore at Nacton recently. The tide was on its way out and with it came the salty estuarine smell, you may think I am odd, but I enjoy this distinct sea weedy smell, it takes me back to my sea fishing days when I accompanied my parents to Harkstead shores to dig for lugworms to use as bait the following day.

We all have a favourite smell maybe fresh bread, honeysuckle or the irresistible smell of cooking bacon on the breeze, even next doors barbecue makes you feel hungry. What is your favourite smell?

FREEMAN COMMUNITY PRIMARY SCHOOL



As mentioned in last month's article, Freeman CP School are lucky to be able to offer Forest School to the children as part of our normal curriculum. Forest School, which originated in Scandinavia in



the 1950s, aims to be an inspirational process that offers children regular opportunities to develop in a holistic way; developing self-awareness, self-motivation, empathy and social skills, through interaction in and with the natural environment in a local woodland experience. It covers all aspects of the curriculum and builds a sense of community and a connection to nature, however, Forest School's main principle is that it is child-led. Children are encouraged to explore, problem solve, build shelters, tie knots, use tools, light fires and be creative with natural resources.



Sessions take place in the woods running alongside and within the school grounds with a different year participating each term. At their first session the children choose their Forest School name which they then use at Forest School throughout their time at Freeman. Mrs Kydd or 'Dragonfly' as she's known at Forest School, is not only one of our Key Stage 2 teachers but is also a certified Forest School Leader who leads the sessions which take place throughout the year in **all** types of weather (a Forest School saying is, "there is no such thing as bad weather, just bad clothing.").



The children learn about conservation during Forest School through activities which promote taking care of the flora and fauna that we already have in the woods and encouraging new wildlife. They have planted saplings and bulbs, made bird feeders, bird boxes, a bug hotel, and created log piles to encourage

hedgehogs and coppicing. Some areas have also been left wild to preserve insect habitats.

Other activities have included picking fruit and plants to make food and drinks the children can then sample, such as blackberry jam, dandelion pancakes, sticky weed tempura (sticky weed in batter), nettle crisps, bramble tea and elderflower cordial to name a few, as well as the more traditional s'mores and toasting marshmallows over the fire.



Forest School has certainly provided the children with an opportunity to try foods they wouldn't normally eat, as well as learning how to cook them!



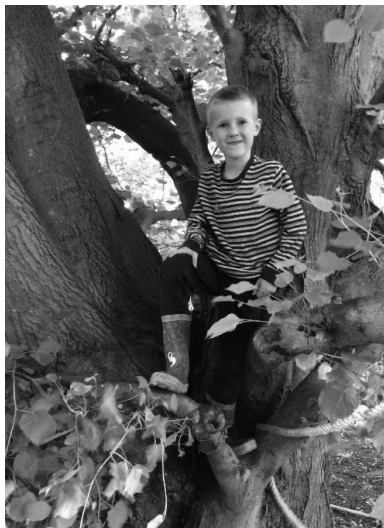
The children can also choose to do Forest School arts and crafts such as weaving willow to make crowns, making dream-catchers and wind chimes, and Hapa Zome printing. Hapa Zome literally means "leaf dye" and is a Japanese printmaking technique that uses the natural pigments in leaves and flowers to produce prints.

They are also taught how to whittle and use their skills to make a whole range of things such magic wands and swords, Christmas decorations or skewers to toast their marshmallows on the fire.

At Forest School the children play games which help build on their communication, problem solving and team work skills. In previous sessions they've been tasked to make a stretcher which would carry a team-mate 50 metres using a tarpaulin and anything else from nature, and set a challenge to see which team can make the tallest tower using 7 sticks. They seem to relish the challenges and work fantastically together.

They also participate in animal yoga, play being birds pulling the worms out the ground (or tug of war as it's usually known!), have made a lemonade stand and mud kitchen out of pallets and of course enjoy the usual climbing trees and rope fun. Some children hadn't even climbed





a tree before starting Forest School! The weather doesn't seem to hold them back either as they enjoy feeling the rain on their faces – even lying down on the field to feel it properly – and love jumping in the puddles.

The sessions end with a closing circle where the children express what they would like to do the following week, followed by relaxation, medication and mindfulness activities such as 'Sit Spot' where they choose a spot to sit on their own to pause a while, relax and connect with nature.

The children all seem to enjoy Forest School, regardless of weather or age, and as a school we appreciate how lucky we are to be able to offer this to our children

and to have such a fantastic Forest School Leader in Dragonfly/Mrs Kydd!
Freeman CP School

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EAST SUFFOLK PROSTATE CANCER GROUP

REGISTERED CHARITY NO: 1164097

The East Suffolk Prostate Cancer Support Group is a well-supported organisation connected to

the Ipswich Hospital. Men diagnosed with prostate cancer are referred to the group which offers support at a very low time in men's lives.



Prostate Cancer affects 1 in 8 men and is the most diagnosed cancer in the UK, more than breast cancer in women. It affects **1 in 4 black men**. It is also passed down family lines. The cancer is often undiagnosed until it is too late, due to the reluctance of men to talk about the early symptoms with their GP's or anyone else. If diagnosed early enough it can be well controlled and managed.

There is lots of information on the **Prostate Cancer UK** website and their dedicated nurses can give advice and information via telephone or e-mail.

The disease affects men only and starts to appear mostly in men in their late forties onwards. The symptoms can include urinary changes/problems, backache, passing blood in the urine and loss of bladder control to name a few. The test for the initial diagnosis is called the PSA test (Prostate Specific Antigen) and is a simple blood test that takes a few minutes.

The ESPCSG (the above group) carries out PSA testing events and the numbers of men attending the sessions is increasing rapidly as more and more publicity alerts men to the problem. The biggest hurdle is men's reluctance to talk to anyone about any of the symptoms that may appear, and this pushed up the death toll that stands at 12,000 men per annum. The support group has about 100+ active members and offers real up-front support to men and their partners from the initial diagnosis, with information and experience, and friendship. It is a really friendly social group and many couples have benefited from the help and friendship at the meetings, hence the large membership.

In normal times the group meets bi-monthly in the post graduate centre in the Ipswich hospital, between 19:00 - 21:00 and usually arranges a speaker, followed by a raffle and then the social time when members can chat to other sufferers (many long term) about the different treatments etc. over tea and coffee.

*If you would like more information, or a chat on the subject you can ring **Jeff Willmot** (vice chairman) on **0793 6012 945**.*

STOWHEALTH 2021 WALK-IN FLU CLINIC DATES

For those aged 65 years or over (by 31/3/22)

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|-------------------------|------------------|
| Saturday 11th September | 1.30pm – 5.00pm |
| Sunday 12th September | 9.00am – 12.30pm |
| Sunday 26th September | 9.00am – 12.30pm |
| Sunday 24th October | 9.00am – 12.30pm |

For those who are in the 'at risk' group between 18-64 years and all those aged 50-64 years

| | |
|-----------------------|------------------|
| Sunday 19th September | 9.00am – 12.30pm |
| Sunday 26th September | 9.00am – 12.30pm |
| Sunday 24th October | 9.00am – 12.30pm |

*No appointment necessary
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STOWUPLAND CRICKET CLUB



The last month has been particularly notable for Stowupland Cricket Club, with three magnificent centuries made across the two Saturday teams.

Tim Mills scored a fabulous 125* on Saturday 24th July to help the 2nd XI gain a much needed win against Mildenhall 5th XI. Andrew Parkin made a very useful 62 in support and the total of 226 proved too high for the visitors. The same two batsmen were the top scorers against Stradbroke on 17th July (37 and 48 respectively) however the young team's bowling was no match for the visitors who won by 55 runs.

The 1st XI had a good win against Ipswich on 10th July with Dan Marsh scoring 50 and Luke Abbott (4 wickets) and Ben Mills (2 wickets) excelling with the ball. The following week saw the team lose to St Margaret's, but highlights included 45 from Dan Marsh, 36 from Louis Blanchard and another 2 wickets for Luke Abbott. The match on 24th July is one best forgotten, as the team suffered a bad loss to local side Needham Market, however they saved the best performance for the end of the month scoring a total of 333 as both Lucas Howard (102*) and Louis Blanchard (101*) secured their spots on the weekly honours board against Elmstead on 31st July.



The youth teams continued their winning ways throughout July, and both matches and training are now beginning to come to an end after a very busy 2021 season.

The club will be holding a memorial game for Alan Clarke on Sunday 15th August. Alan was a long time supporter of Stowupland Cricket Club and sadly passed away earlier in the year. A 6-a-side tournament featuring a mix of both adults and children will be the main focus of the day with plenty of BBQ food, the traditional egg catching competition and a quiz to wrap up the day.

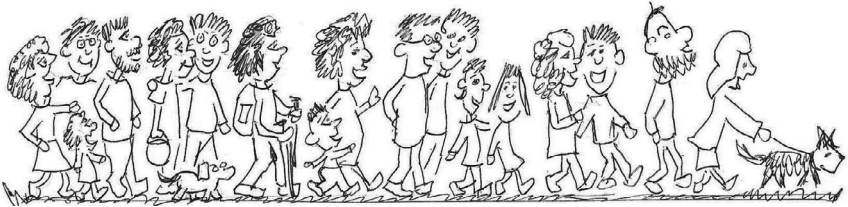
For further information about Stowupland Cricket Club please email Melanie Blanchard - mcblanch@hotmail.co.uk

THE WALKER CUP

Stowupland v Old Newton

Sunday 12 September

Come and join Team Stowupland and help retain the Walker Cup from Old Newton.



It's not just about local pride, it also helps raise money for the St Elizabeth Hospice – there's a minimum £2 donation when you register but you're welcome to give more if you can.

And you get a lovely footpath walk between the two villages. At a gentle pace it should take a couple of hours from the Retreat in Stowupland to the Sports and Social Club in Old Newton, and back again.

Register at the Retreat from 10.00 a.m. onwards and complete the walk by 4.00 pm at the latest. The village with the most walkers completing wins the cup. Couldn't be easier!

If you unable to do the walk, can you spend a couple of hours checking in walkers?

All money raised goes to St Elizabeth Hospice.

All offers of help to Keith and Cathy 01449 673185.

IMPORTANT CONTACTS

Citizens Advice

www.midsuffolkcab.org.uk - 01449 676060
or 01449 676280 - 5 Milton Road South,
Stowmarket, IP14 1EZ

Doctor

Emergency - 999
NHS Direct - 111
Combs Ford - 01449 678333
Stowhealth - 01449 776000

Emergency Numbers

Power Cut - 0800 31 63 105
Gas Leak - 0800 111 999
Water Leak - 0800 771 881

Good Neighbour Scheme

HELPLINE: 07591 539621

Member of Parliament

Jo Churchill - jo.churchill.mp@parliament.uk -
Constituency Office, 10 Hatter Street,
Bury St Edmunds, IP33 1LZ - 01284 752311
House of Commons - 02072 198487
<https://www.jochurchill.org.uk/>

Mid Suffolk District Council

www.midsuffolk.gov.uk
Keith Welham - keith.welham@midsuffolk.gov.uk -
01449 673185

Police

<http://www.suffolk.police.uk/contact-us>
<https://www.suffolk.police.uk/advice>

Police Safer Neighbourhood Team

PC 14443 Stefan Henriksen - Police Station,
Violet Hill Road, Stowmarket, IP14 1NJ
stefan.henriksen@suffolk.pnn.police.uk - Phone: 101

Samaritans – 116 123

Stowupland Village Website

www.stowupland.com

Parish Council Website

www.stowupland.suffolk.cloud

Suffolk County Council

www.suffolk.gov.uk
Keith Welham - Keith.Welham@suffolk.gov.uk
01449 673185
SCC – General Contact No. 0345 606 6067

Schools

Stowupland High School -
www.stowuplandhighschool.co.uk - 01449 674827
Freeman Community Primary School -
www.freeman.suffolk.sch.uk - 01449 612067

DIARY DATES

SEPTEMBER

| | | |
|----------|---|--|
| WED 1 | 2-4 pm Village hall car park | Mobile post office |
| WED 1 | 7.30 pm Village hall | Local History Group (see LHG page for details of talk) |
| THURS 2 | 1.30 pm Bowls pavilion | Lawn bowls - roll up |
| THURS 2 | 2-4 pm Village hall car park | Choose Refills pop-up shop |
| THURS 2 | 7.30 pm Village hall | Short mat bowls |
| FRI 3 | | |
| SAT 4 | 1.30 pm Bowls pavilion | Lawn bowls - roll up |
| SUN 5 | | |
| MON 6 | 6.15-7.15 pm Village hall | Dance |
| MON 6 | 7.30-10 pm Village hall | Dance |
| TUES 7 | Jubilee Ct. 9.30. Green 9.55 | Mobile library |
| WED 8 | 9.30 am Village hall | Baby and toddler group |
| WED 8 | 2-4 pm Village hall car park | Mobile post office |
| THURS 9 | 1.30 pm Bowls pavilion | Lawn bowls - roll up |
| THURS 9 | 7.30 pm Village hall | Short mat bowls |
| THURS 9 | 7.30 pm Bowls pavilion | Parish Council meeting |
| FRI 10 | | |
| SAT 11 | Suffolk Historic Churches Trust – Ride and Stride | |
| SUN 12 | 10 am - 4 pm Walker Cup | |
| MON 13 | 6.15 pm – 7.15 pm Village Hall | Dance |
| MON 13 | 7.30 pm – 10 pm Village hall | Dance |
| TUES 14 | | |
| WED 15 | 9.30 am Village hall | Baby and toddler group |
| WED 15 | 2-4 pm Village hall car park | Mobile post office |
| THURS 16 | 7.30 pm Bowls pavilion | Wildflower & Biodiversity Meeting |

| | | |
|----------------|--------------------------------|---|
| THURS 16 | 7.30 pm Village hall | Short mat bowls |
| FRI 17 | | |
| SAT 18 | 2 pm Village hall | Suffolk Plant Heritage |
| SUN 19 | | |
| MON 20 | 6.15 – 7.15 pm Village hall | Dance |
| MON 20 | 7.30 – 10 pm Village hall | Dance |
| TUES 21 | | |
| WED 22 | 9.30 am Village hall | Baby and toddler group |
| WED 22 | 2-4 pm Village hall car park | Mobile post office |
| WED 22 | 7.30 pm Village hall | Suffolk Wildlife Trust – 60 years of the SWT |
| THURS 23 | 7.30 pm Village Hall | Short mat bowls |
| FRI 24 | 10 am URC chapel | Coffee morning |
| SAT 25 | | |
| SUN 26 | from 9 am garage and yard sale | |
| MON 27 | 6.15 – 7.15 pm Village Hall | Dance |
| MON 27 | 7.30 – 10 pm Village hall | Dance |
| TUES 28 | | |
| WED 29 | 9.30 am Village hall | Baby and toddler group |
| WED 29 | 2-4 pm Village hall car park | Mobile post office |
| THURS 29 | | |
| THURS 30 | 7.30 pm Village hall | Short mat bowls |
| OCTOBER | | |
| MON 4 | 6.15 – 7.15 pm Village hall | Dance |
| MON 4 | 7.30 – 10 pm Village hall | Dance |
| TUES 5 | Jubilee Ct. 9.30. Green 9.55 | Mobile library |
| WED 6 | 9.30 am Village hall | Baby and toddler group |
| WED 6 | 2-4 pm Village hall car park | Mobile post office |
| WED 6 | 7.30 pm Village hall | Local History Group – Suffolk Witches by Pip Wright |
| THURS 7 | 7.30 pm Village hall | Short mat bowls |

Rachel Eburne - rachel.eburne@midsex.gov.uk -
01449 673311

MSDC General Contact No. 0300 1234000

Mobile Library - 07721 879855

Parish Council

Sally Reeves - Chairman - 01449 745739

sallyreeves@stowuplandpc.co.uk

Laura Beeson - 07918 808387

laurabeeson@stowuplandpc.co.uk

Philip Deal - 07957 623326

philipdeal@stowuplandpc.co.uk

John Hayward - 01449 674717

johnhayward@stowuplandpc.co.uk

Laura Johnson - 07826 851030

laurajohnson@stowuplandpc.co.uk

Debra Melhuish - 07979 125904

debramelhuish@stowuplandpc.co.uk

Paula Murton - 07906 677817

paulamurton@stowuplandpc.co.uk

Ray Studd - 01449 676606

raystudd@stowuplandpc.co.uk

Jerry Voden - 01449 703717

jerryvoden@stowuplandpc.co.uk

Clerk to the Parish Council - Claire Pizzev

parishclerk@stowuplandpc.co.uk - 01449 677005

2 Broomspath Road, IP14 4DB

Parish Council Minutes of meetings and agendas are available on the Parish Council Website

www.stowupland.suffolk.cloud

Vets

Cedarwood - 01449 676966

Stowe Vets - 01449 613130

Village Hall Bookings

Colin Booker - Phone - 07862740830

stowuplandvillagehallbookings@gmail.com

Village Clubs

Baby and Toddler Group -

Kelly Woolhough - 07776 206430

Book Group - Patricia Hodgkins - 01449 672127

Bowls Club - Graham Newman - 01359 240846

Community Events - Keith Welham - 01449 673185

Country and Western - Pat Murphy - 01449 677405

Dance Club - Mary Durham - 01449 672601

Local History Group - Jerry Voden - 07951 086383

Short Mat Bowls - Pam Fayers - 01449 770080

Sports and Social Club - Andy Parkin - 07796 274905

- www.stowupland-sports-and-social-club.co.uk

Stowupland Cricket Club

www.stowuplandcricketclub.co.uk/

Stowupland Falcons Football Club -

stowuplandfalconsfc.co.uk

Stowupland Sports Centre -

info@stowuplandsportscentre.co.uk - 01449 672531

Stowmarket Wildlife Group - John Thompson -

swtstowmarket@gmail.com - 01449 676471

RECIPE OF THE MONTH

At this time of year there is plenty, if not a glut, of produce around. Last autumn Telstar carried recipes for preserves and chutneys. There are plenty to choose from and a quick search through some old cookbooks will turn something up. Failing old cookbooks, Google is pretty handy at finding recipes for just about anything.

Preserving herbs is something we often don't bother to do. Dried herbs in little jars in the supermarket can often be expensive. Saffron is a case in point. Probably the most expensive spice in the world, but did you know you can grow your own? *Crocus sativus* is the variety that you need, and it will be flowering from October to November. It is a lilac autumn flowering crocus with distinctive purple veins and three long deep red stigmas. The stigmas are the part you collect to flavour and colour your food – a project worth its weight in gold!



Other herbs that are easy to collect and dry are Rosemary, Sage, Thyme, Bay and Lavender. Just tie in small bunches and hang in a warm, dry, well-ventilated place out of direct sunlight. It will take from a few days to a few weeks until your herbs are dry enough to put in airtight containers (depending on the size of your bunches and the conditions you dry them in).

Softer herbs like parsley, coriander, and mint fare better if you chop them and freeze them in ice cube

trays. An average ice cube will hold about a tablespoon of chopped herbs topped up with water, just enough for a single use.

Always pick your herbs on a sunny day after the dew has dried but before midday when the oils in the leaves are at their best.

If all this seems a bit of a faff, you can cheat and just freeze some mint leaves in a bag. Once frozen you can just crush the bag and, hey presto! Chopped mint!

Picture of Crocus Sativus courtesy of the RHS.

STOWUPLAND BOWLS CLUB

We are fast entering the final weeks of league bowling with just a handful of local matches left to play. With all that has taken place with re arranging matches, at times having to find players, etc etc, it has been with that alone, somewhat traumatic. Then of course following stringent Covid regulations and after a hard-fought season, there not being any promotion possibilities casts a shadow over proceedings. We have struggled with some of our performances through this latter period of the season, but we can remain confident for next year and I am sure many other clubs are experiencing the same emotions.

However, it is not all doom and gloom; It is not confirmed as of 4th August but it is pretty certain that our Tuesday afternoon team has won it's league so many congratulations to all the players involved (many of whom it has been mentioned beforehand also play for the Monday and Wednesday teams).

Another end of season that with all that has taken place worldwide seems to have passed by even more quickly. There will be another article printed for the October publication but then possibly a break 'til next Spring.

| | | | | |
|---------|----------------------|------|------|-------|
| 6 July | Mendlesham | Home | Won | 45-26 |
| 9 July | Needham Market B | Home | Lost | 52-58 |
| 12 July | Haughley B | Home | Lost | 44-56 |
| 13 July | Woodfield B | Away | Draw | 28-28 |
| 14 July | St Botolphs | Home | Won | 68-39 |
| 16 July | Haughley | Away | Lost | 35-69 |
| 19 July | Needham Market B | Away | Won | 78-34 |
| 26 July | Combs Ford B | Home | Lost | 49-52 |
| 27 July | Haughley B | Away | Lost | 44-46 |
| 28 July | Gipping Valley & E E | Away | Won | 48-45 |

Good health, good wishes to all Bowlers.

David Begg

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Interested? Look on our website at www.stowupland.com/village-hall.

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Tel: 07862740830. email: stowuplandvillagehallbookings@gmail.com

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THE SPIDER AND THE FLY

Come little fly, said the spider one day,
Into my web with me and play,
The fly jumped into his sticky, little web,
Come along with me the spider said,
Along to my den, and I will show you my bed,
The fly was frightened when the spider wrapped him up,
Never mind said the spider,
I will soon eat you up.

By Grace Sochacz



A TEXTUAL INTERVENTION

THE YESTERDAY SCARECROW OR THE FRIGHTENING OF THE CORVUS

(with apologies to Michael Franklin.)



"A scarecrow stood in a field one day."
A propane-powered gun was placed on the ground.
"Stuffed with straw, stuffed with hay."
Full of gas, full of noisy periodic sound.
"It watched the folk on the King's highway."
The Zon gun waited until the visit of a bird.
"But never a word said he."
Then an audible bang in excess of 150 decibels was heard.

Did scarecrows ever scare the crows?
Did they ever foot the bill?
A scarecrow would never have any feet.
A crow has no bill but a beak.

The Really Lovely Poetry Company. R.R.G.



**STOWUPLAND PARISH COUNCIL
QUEENS PLATINUM JUBILEE
WORKING GROUP**



In 2022, Her Majesty The Queen will become the first British Monarch to celebrate a Platinum Jubilee, seventy years of service, having acceded to the throne 6th February 1952 when Her Majesty was 25 years old.

An extended bank holiday from Thursday 2nd to Sunday 5th June 2022 will provide an opportunity for communities and people throughout the United Kingdom to come together and celebrate the historic milestone.

Stowupland Parish Council would like the village to join in with these celebrations and are looking for volunteers to help organise the event(s)

If you are interested please contact the Clerk by the 1st October 2021

Tel: 01449 677005

Email: parishclerk@stowuplandpc.co.uk

Suffolk
Historic Churches
Trust



**SUFFOLK HISTORIC CHURCHES
TRUST – RIDE AND STRIDE
Saturday 11th September 2021**

This sponsored event first took place back in 1982. So, this will be the 39th one. Not even COVID 19 could stop it going ahead last year (more by luck than judgement as it took place between the two lockdowns). Half the money raised goes to the church or chapel the rider/strider represents, and the other half goes to the trust. The trust gives grants to help Suffolk churches and chapels maintain the fabric of their buildings.

Get sponsored to visit churches and chapels in the beautiful Suffolk countryside either on your bike or by walking. A day out in Bury St. Edmunds, for example, could get you as many as sixteen visits on your sponsorship form. If that doesn't interest you, you could get sponsored to sit in the church, or chapel, and sign in cyclists and walkers.

If you fancy a day of fresh air and exercise in early autumn, you can contact either Jon Wray (jonwray57@gmail.com) for a sponsorship form to help raise money for Holy Trinity Church, or, Joyce Gardiner (jgardiner@talktalk.net) for a form to help raise money for the chapel.

STOWMARKET ECO FUTURE GROUP

Greetings from Stowmarket Eco Future Group. "Harvest Festivals" what a great theme! I'm sure that many of you are busy growing your own fruit and veg and are now enjoying harvesting the things you have grown. Please share your gardening tips, questions or recipes on our facebook page. There is a lot to be said for growing food locally if you can, or buying from the fantastic range of seasonal foods that are grown close to home. Farm and roadside stalls are busy and lots of people are selling their excess crops at their gates. All good food with next to no food miles – good for us and good for the planet.



The Primadonna Festival (30th July to 1st August) is an annual literary event aimed at promoting equality and diversity in writing and publishing. This year was the first time it was held at the Museum of East Anglian Life and Stowmarket Eco Future group was delighted to be asked to attend as part of Nurture Together, a community well-being and environmental initiative started by Judith Thompson. This is a collaboration between the Eco Future Group, Dementia Action Alliance, Suffolk Archive's Stow Stories, Rattlesden River Valley Network, the Rewilding group, and Red Gables.

Sharri and the other Eco Group volunteers did a fantastic job promoting the group with displays about eco swaps and litter facts. The tombola went down a treat - thank you to everyone who donated prizes and bought tickets - and there was a free craft activity for people to make a flower pledge. There was also a pre-loved clothes sale and all the money raised from our stand will be used for environmental projects in the town. *Kate*

A personal thought *Stella*

The same weekend as Primadonna I went to "Underneath the Stars" – a Folk music festival near Barnsley. It's well run, family friendly and great fun. Much as I enjoyed it, it's made me think very hard because my environmental awareness has increased over the past year. UTS is a comparatively small festival but this year I was very aware of its carbon footprint. Two and half thousand visitors mainly travelling by car, festival construction traffic, generators for site lighting, shower blocks, sound systems etc, the transport of items to and from site – glamping tents, rows of portaloos, programmes, food packaging etc. There was obviously a lot of thought put into recycling and the site was impeccably tidy. We all got a message thanking us afterwards for the tiny amount of litter – two half plastic sacks – found at the final clear up. That doesn't include though all the sacks of rubbish that were disposed of properly during the weekend.

I looked at the sea of tents and campervans taking up four fields: a proper festival atmosphere with fairy lights, bunting and flagpoles. We were

camping for fun, and every tent had a car showing that somewhere, there was a home to go back to. I thought (while I was queueing for the loos) about people who HAVE to live in tents because their homes have been destroyed or become uninhabitable due to climate change. For some of the days we camped in the rain



Prima donna

(the "Great British Summer!" we say) but it's not long since the news was of destructive floods in Europe and China. We know that wildfires and heatwaves are happening too. Whilst we are having fun with our leisure, in our heart of hearts we are understanding that our enjoyment is causing real problems. I don't want to be a party-pooper, and I'm desperately keen to go and repeat the festival experience but I must admit I am battling with my conscience.



Underneath the Stars

There is a lot of talk about getting back to "normal" but if that means "carefree" it may not be possible. We want to enjoy ourselves but we need to understand that comes at a cost. Many people have rediscovered the joy of UK holidays, but the desire to travel and to see loved ones in other countries has not gone away. At the same time, it is urgently important to realise that we are in a serious situation where

difficult choices need to be made.

It is very hard to accept but to coin a harvest phrase – we will "reap what we sow". The challenge is to find ways of working and delighting in life that don't Cost the Earth. There is still time to get it right but only just, and we need to rethink our actions quickly.

stowmarketecogroup@gmail.com



LOCAL HISTORY GROUP

We are so pleased to be meeting together again in the Village Hall. August's talk by Charlie Haylock was magic, but you will have to wait till the next edition of Telstar for Jerry's write up. Instead, you can read below an extract of his history of Stowupland's Sports and Social Club. Neil Langridge has been busy completing our calendar of events to take us into 2022, and together we have been uploading material from our archives for our new website; www.stowuplandlocalhistorygroup.org. It is still a work in progress but if you have internet access you should find something of interest. Please share with friends and family, whether near or far. You can choose just to scroll through the galleries of photos or read our words.



From our Archives...

Since last Telstar I have been pleased to receive more material into our archives. By working with one local family, we have increased our understanding of how a 19th century working farm became a family home. Sadly, the other material marks the demise of a local institution but at least some important material of local interest will be saved for future residents to see.

We knew that in 1840 a tenant farmer named George Davey was a poultry farmer in Saxham Street. Thanks to the present owners we have now been able to trace a continuous line of owners and occupiers through to the present day. Briefly, Robert Wilden took over the farm tenancy from the Davey's in the early 1900's, and in the 1920s he took on a mortgage to buy the farm. He sold it in the 60's when he and his wife Grace moved into Restleigh, their new- build bungalow on an adjoining field. At some point the farmland became an apple orchard and by the '70s most had been sold, though it remains agricultural land.

The story of this property is similar to many others in Stowupland. Worked by a tenant farmer in the 19th century, bought by an owner occupier in the early 20th century. The farmland is subsequently sold off and what was once a working farm becomes modernised into a family home with a lawn and flower beds. Though they may no longer be working farms, many Stowupland properties are still places of work as many people either run a business or work from home.

I am grateful to the WI that they have entrusted SLHG with some of their records, trophies, and memorabilia. Once I have had time to look through it all, I will write more, but just to say I am pleased to welcome home this wooden trophy. Apparently, it is made from a piece of a yew tree that grew in the garden of our house, Saxham Cottage. It was presented to the WI in the 1980's by Sidney Scarlett in memory of his wife Joan. They lived in Saxham Cottage from the 1950's to 80's and ran Gyford's Shop (after Mrs Gyford had remarried and moved to Forward Green). Sid and Joan contributed in many ways to life in the village, and Joan was renowned for her flower arrangements. I was never fortunate enough to win this cup during my time with the WI but it has now come home. And talking of trophies brings us to Jerry Voden's piece...



The Stowupland Sports and Social Club, the early days.

It was interesting to read the latest article in Telstar about the new plans for our village hall which are starting to gather pace. The land around the village hall is well used for a variety of sporting activities, and in 1990 the Sports and Social Club opened its doors to cricketers, footballers, and a social membership for residents in the village. As the Stowupland Bowls club also used space adjacent to the hall this became a hub for community run sport.

With today's new project to enlarge and upgrade the existing building it is interesting to go back and see how it all started. Plans for building a village hall have been documented but plans for the Sports and Social club were drawn up one evening in the Retreat, on the back of a beer mat. Then as now Cricket and Football were expanding and more facilities to cope with the numbers of new teams playing sport were needed. In those days the cricket team played on what is now the 'half-a -mow scheme' on the Green, and the current football pitch on the other half of the Green was constantly in use. Changing rooms were in the old Anglian Water village pumping station on the Green. After-game refreshments such as cricket teas and after-match get togethers took place in the Retreat.

A 'group of four' got together to discuss where a new building might be sited to best meet the needs of an expanding sports population; taking into account the needs of our teams and a policy to cover the younger teams as they came through the various age groups. Initially a Steering Group was formed comprising Rick Langford, Stowupland Cricket club; Sam Skinner, Stowupland Football club; R Martin, Stowupland Falcons and Melvyn Douglas, Stowupland Village Hall. They started looking for a suitable site and at what funding might be available through grants from the various organisations that supported sports groups in those days.

It was also essential that if the area chosen was to be the village hall that the committee at that time were in favour of these plans. Discussions were held and it was decided that the new club would be built onto the rear of the village hall, and the hall car park would be available to accommodate the additional traffic. As today, there were a number of pitches that were used by the high school which could be used in a shared capacity with the new Sports and Social Club for matches at weekends and during the week if necessary.

There was a lot of work to do to complete the initial project, and the four founder members worked hard to ensure that all organisations were happy with the final result, which can be seen today. There was an upgrade in 2009 when the interior and changing rooms were renovated, at the same time changes were also made to the village hall. It was interesting to have a recent conversation with Jerry Gannon, a long-term village resident and currently President of the Stowupland Cricket Club about the project. Jerry at the time sponsored the first set of lounge bar furniture that went into the club. So, with resolve it shows what can be achieved with all parties working together. With the village hall project gathering pace, let's hope that we can achieve an excellent new facility in the village, something that all residents can enjoy in the future.

Here SLHG's planned programme of speakers through to March 2022

Sept 1 **Behind the Scenes at "Who Do You Think You Are" by Gill Blanchard.** Gill is a professional genealogist, author and speaker who has worked as a researcher on the BBC programme Who Do You Think You Are including the Mary Berry episode.

Oct 6 **Suffolk Witches by Pip Wright.** Pip returns this time he looks at the fear and persecution of "witches" mainly in the 17th century including when The Witchfinder General came to Stowmarket

Nov 3 **What Lies Beneath? – The Bloor development dig by Oxford Archaeology.** The findings of the excavations ahead of the residential development between Gipping Lane and Church Road

Dec 1 **"In the Fields of Frost and Snow" by Hexachordia.** Music, mirth and merriment for the festive season, revealing what Christmas and New Year was like for folk at all levels of society in the sixteenth and seventeenth centuries.

2022 Jan No Meeting

Feb 2 **2 Suffolk Historians – Edmund Farrar & Charles Partridge by Sarah Doig & Neil Langridge**

Mar 2 **Stowupland in 1291 – the Rebuilding of Thorney Hall by Val Dudley**

If you have any queries about SLHG or can add to our archives, please contact:

Jerry Voden, 01449 703717; voden@btinternet.com

STOWUPLAND SHORT MAT BOWLS IS BACK

We are glad to be back bowling in the village hall on Thursday evenings from 19.00 hours – 21.30. We bowl all through the year.

We are following Covid guidelines to protect everyone.

The club has gained a safe bowls certificate issued by the National body (ESMBA) which requires us to carry out more strict safety guidelines for the safety of all our members. At present the club welcomes new members who have had 2 Covid vaccinations.

If you are new to bowls we have bowls for you to use but please bring indoor flat shoes (slippers). We are very happy to teach you. If you have your own bowls and shoes please bring them.

Please come and give us a look for further information contact:-

John 07714693365 or Pam 07713026696



COFFEE MORNING

Friday 24th September
Stowupland URC Chapel
10am – 12noon
Coffee, Tea and Cakes
All welcome

STOWUPLAND WI

It is with regret that I have to report that Stowupland WI are no more!

It has been decided that due to recent restrictions and the lack of agreement on a solution to continue with meetings that are suitable for all members to participate, the decision has been taken to remove our association with the WI group, and forge ahead with a new venture.

More details to be announced soon!

Colleen, Mary, Elaine, Alison and Janet



U.R.C CHAPEL

NEWS

Minister: Revd Robert Sheard
Telephone 01449 678173

We are planning to hold our first Coffee Morning on Friday 24 September 10am to 12 noon. This will be a step in the right direction towards getting a bit of normality back in our lives. We have started to sing at our Sunday services, although we are still social distancing and continuing to be very careful.

I must just mention the weather as it seems a bit like April showers although by the time you read this things could have changed.

On 26 September we are uniting, in the evening at 6.30pm, with Holy Trinity at the Church for a Songs of Praise and on 3 October Holy Trinity will join with the Chapel at 10.30am. Both services will be a celebration of Harvest.

Suffolk Historic Churches Ride and Stride takes place on Saturday 11 September when the Chapel will be open to sign in riders and walkers from 9am to 5pm. If anyone is interested in taking part, sponsor forms and a list of which churches are open are available from Joyce Gardiner 01449 676149. Half of the sponsorship money goes to Historic Churches and half to whichever Church you are supporting.

Services continue to be held at the URC Chapel, Church Road, each Sunday at 10.30am. and you are cordially invited to join us in worship. A warm welcome awaits you.

The speakers for September are as follows:

| | |
|--------------|-------------------------|
| 05 September | The Rev Mary Playford |
| 12 September | William Glasse |
| 19 September | The Rev Richard Edwards |

26 September **No morning service at the Chapel. United Songs of Praise for Harvest at Holy Trinity Church at 6.30pm**

Joyce Gardiner

MINISTERS MESSAGE

Psalm 121: The LORD our Protector

¹ I look to the mountains; where will my help come from? ² My help will come from the LORD, who made heaven and earth. ³ He will not let you fall; your protector is always awake. ⁴ The protector of Israel never dozes or sleeps.

⁵ The LORD will guard you; he is by your side to protect you.

⁶ The sun will not hurt you during the day, nor the moon during the night.

⁷ The LORD will protect you from all danger; he will keep you safe.

⁸ He will protect you as you come and go now and for ever.

Psalm 121 is one of my favourite psalms for several reasons, it takes me back to my home town of Halifax in West Yorkshire, with its rolling hills, and the happy times I had their growing up as a child and the Sunday afternoon rambles, we had in the hills. It takes me to Cumbria and Carlisle, where I had my first pastorate, again because of the hills and mountains in that area, it also takes me to Lindisfarne/ Holy Island as a place, as the Celtic Christians would put it, a "thin place", which is a place where you become closer to God.

It is often in unsuspecting places that we find we meet with God the easiest. For some Christians during the pandemic, they have found the space and time to rediscover God, in those times away from others. Psalm 121 reminds us that God is ever watching over us even though we don't always recognise it, Psalm 121 is very much a Psalm of comfort.

We all need to find our own "thin places" to be with God, to get away from the noise, clamour, and bustle of everyday life, and to refocus ourselves to what our priorities in life are. I would encourage all of you whether you have found your "thin place" or to find your "thin place", to keep rediscovering it, as we come out of this pandemic and not to lose it, but to keep rediscovering that time with God and maybe take time to read Psalm 121, and let it be a Psalm of comfort for you.

Yours in Christ.

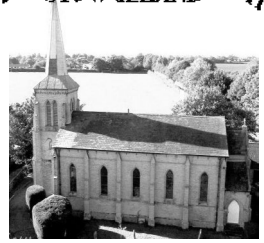
Robert

Reverend Robert Sheard Minister of the Stowmarket group of Churches. The group consists of Stowmarket, Debenham, Mendlesham, Haughley & Stowupland)

HOLY TRINITY CHURCH

NEWS

HOLY TRINITY CHURCH
STOWEVELAND



Vicar : Revd Brin Singleton Tel. 770921

Churchwardens : Mrs Ann Doubtfire Tel. 770363

: Mrs Sue Hayter Tel. 613710

Email: brinsingleton@btinternet.com

<https://www.achurchnearyou.com/church/2082/benefice/>

Dear Friends;

I finally managed, lately, to get myself to The Abbey Gardens in Bury to walk the Wildflower Labyrinth. Well, I've walked Labyrinths before; why take this walk? Well in truth, I needed to for well-being's sake. Yes to take time out, to turn this way and that, not moving very far but to find I've gone a long way. We all need some perspective in life, vision, a way to lift our gaze, so often we find our view diminished, closed in and put down, whether by others or by circumstance.

Just now I'm reflecting on the time when Jesus spoke of his vision to be 'the bread of life'. Then, as now, there were many who dismissed His word, and put Him down. Then it was because they knew Him, *'is not this Jesus the son of Joseph, whose father and mother we know'*? *John 6.41* Perhaps today His word and the word of His church is dismissed because we know this church of Christ, been there, done that, got the T-shirt, didn't do for me then, why now?

Well, we may think we know Christ, we may think we know Church, but have we walked with Him, with them? Labyrinths have been known as ways of prayer, just as you might light a candle to pray, or kneel, or find some sacred place of memory or experience. Walking distracts us from people or circumstance which diminish, close or put us down. Walking reminds us we can find the path ahead, away from life's stresses and anxieties, to practice walking is to practice our moving on, that we may find that hoped-for better place.

Christian faith is founded in journey; walking the Way of Christ, he who calls to us to follow the way, who journeys with us in this life. Jesus' word of His vision 'I am the bread of life' spoke of the journey of God's people long before, during their wilderness years, finding food as God provided them bread from heaven, to sustain and strengthen in their long walk toward a land of promise. This month I pray that many of you will be able to find

strength and refreshment in Holy days and good company. For those who perhaps can't get away at this time, if you can get to The Abbey Gardens, try the Labyrinth there, or take a walk each day about where you live, remembering to ponder in hope, to lift your gaze toward a land of promise.

Yours in Christ, *Brin Singleton*

Rector @ Haughley with Wetherden and Stowupland
achurchnearyou.com Haughley/Wetherden/Stowupland

PLEASE NOTE: All services may be subjected to change by government rules in force at that time.

Services in September 2021

| | | |
|----------|--------|-------------------------|
| 5th Sep | 9.30am | Parish Communion |
| 12th Sep | 9.30am | Worship for All |
| 19th Sep | 9.30am | Morning Prayer |
| 26th Sep | 6.30pm | Harvest Songs of Praise |

AChurchNearYou – Stowupland

<https://www.achurchnearyou.com/church/2086/>

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Lewis Clarke

07568 480928

lrcservices95@gmail.com

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CHAIRMAN'S COLUMN

I start my column again this month with thank yous to those who give their time freely to the benefit of our village. Sadly, Cllr Phil Deal has resigned from the Parish Council due to family and work commitments. He has been a huge asset to the council during the 3 years he has served. On behalf of residents I thank him for all his efforts for the village and hope he will join the council in the future when commitments allow. You will see elsewhere in Telstar an advert asking for new Parish Councillors. Please if you have a few hours a month to spare join us and help shape your village for the future. My second thank you is for the one non council resident who helped on the volunteer day to paint the cemetery fence. My thanks also to District/County Cllr Welham who was busy creating an area on The Green that children can use for den building. Without residents volunteering to help with odd jobs around our village your council would need to pay for works and that means that not everything can be done.

On the MSDC Planning front a meeting with the Chief Executive of MSDC has been arranged for the 31st August to look at the issues in the village, meet with representatives of your Parish Council, and then to meet with the full council at a later date. This meeting has only come about as a result of Parish Council contact with the Monitoring Officer, a letter to the Chief Executive and lobbying by our District Councillors. It appears we may not be the only Parish Council complaining about problems with the Planning Dept. During the visit we will be looking at the issues regarding traffic management for Phase 3 of the Bloor development, the crossing at the Co-Op, lack of enforcement on other building sites in the village as well as individual residences. At the time of writing this the Traffic Management Plan for Phase 3 that I wrote about last month has not been agreed.

Your Parish Council have been planning to expand the post system around The Green to protect it from car parking. We had hoped to do some works during the school holidays but that has not happened. It is noticeable how areas of The Green have recovered during the absence of the school traffic.

You will see elsewhere in Telstar that the Biodiversity Group is up and running and I would encourage everyone to get involved in some way, either in your own garden or helping with larger projects around the village.

Although life is slowly returning to normal and it is good to be able to meet up with family, friends and colleagues face to face we still need to think of others and keep each other safe. It has been a devastating year for many of our residents and our Community Events Committee are trying to arrange an event that will recognise the efforts made by our NHS and individuals as well as remembering those who have lost their lives to this terrible virus.

Again, this month I send out a plea for volunteers to help arrange events to celebrate the Queens Platinum Jubilee in June 2022. To date no individual or organisation has come forward. The Parish Council is just too small to organise something like this without help. If we get no volunteers, then nothing will happen. My children remember street parties and games for the Queens Silver Jubilee, and it would be nice to give today's children of the village similar memories of the Platinum Jubilee. Please, individuals and village organisations join with your Parish Council and make those memories.

Sally Reeves

PARISH COUNCIL REPORT

AUGUST 2021



The meeting opened with 2 members of the public, 9 Parish Councillors, District and County Councillors. The Council were informed that Cllr Deal has unfortunately had to resign his position due to personal commitments and were sorry to hear this.

Matters of Report:

The cycling prohibited signs are ready for installation. The allotment holder has started to level off his plot. The Jubilee bench has been installed today, and the broken 'springy' piece of equipment has been removed from the play park. The Clerk advised that she has been following up the enforcement required for the new property in Gipping Road but MSDC are still ignoring her e-mails.

Public Forum:

One resident reported a broken pipe at the High School and the effect that it has on the ditch bordering her property. She also wanted to know why the newspaper bins have been removed from the supermarkets. Another resident advised that a tree had been cut and the resultant detritus has been dumped further down footpath 38 by the butchers. Also, near the school playing field on the same footpath the verges should be cut by the grass contractor and have not been cut at all. The bio-diversity group have identified 3-4 areas to concentrate on and would like to make a bid from the MSDC budget for tools, bulbs etc and this will be prepared for the September PC meeting.

Council Report:

The full SCC and District Council reports can be found elsewhere in Telstar. Cllr Eburne advised that the blue bins from Bolton Brothers were removed from supermarkets in May but she understood that some replacements were due before too long. She reported that Cllr Welham and herself had had a good meeting with the Head of Planning and CEO of MSDC and they have agreed to meet with Cllr Reeve and Cllr Studd on 31st August and the CEO will follow this up with a meeting with the full PC. They were informed about the lack of trust between the 2 Authorities and the fact that MSDC were saying one thing and doing something else. The CEO has been well briefed on the current concerns of the PC and feel that the walk about on the 31st August will be very useful. Cllr Welham reported on the failure of SCC to cut the verges in Mill Street. He also advised on the cost of the removal of the sandbags which will have to be met by the PC but he will endeavour to assist with the cost from his budget. He also raised the question of the posts and was told that the PC have already applied for a licence to have them installed. He spoke about the closing of the A1120 and Thorney Green Road at the end of August and the frustration of having to go through 4 different departments within SCC to end up back at the first department again to get any explanation as to why both roads will be closed on 27th August. He is due to have a meeting with the High School about the broken pipe on the school site.

Sub-Committee Reports:

Allotments – The Parish Council have put in a bid for new hedging along the front

of the allotments. The quote from S&P Trees was accepted to cut back the trees and hedging and to clear the ditch with the necessary traffic management in place.

Cemetery and Churchyard – The proposed autumn work that is required in the churchyard was agreed. It was also agreed that the hedge alongside the road requires an additional cut. Some trees that have died after being struck by lightning need to be removed and this will free up the benches and keep them clean. The ditch needs to be cleared but will investigate with Landex to see if they would be prepared to carry out the work to ensure that the water gets away from their site. The hedge needs to be cut and the suckers from the lime trees need to be removed. This would bring the maintenance of the cemetery to be in line with that of the churchyard.

Community Events – The Walker Cup will take place on the 12th September and the Retreat are happy to provide the start and finish venue. Volunteers will be required to act as marshals. A yard sale will take place on 26th September. The hopes for a memorial picnic for July to remember those who were lost to Covid and to recognise all those who gave their time to help those shielding at home was postponed because of the extension to the Covid regulations. The PC supported this event and will leave the committee to come up with new details and a date.

Environment – The quote for the ‘no parking’ signs for the Green were accepted and to date 2 quotes have been received for the installation of the new posts and it was decided to wait for further quotes to come in as there will be a delay until the sandbags have been removed by SCC. It was reported that the numbers who attended for the volunteer’s morning were a little disappointing, however, some good work was done.

Finance and Policy – All recommendations made by the sub-committee were agreed by the PC.

Footpaths – A contractor has been found who will strim all the footpaths that have not been done. The grass contractor was unable to use his machinery on them.

Planning – A re-application for planning permission for a property in Mill Street has little changes from the 1st application so it was felt that their objections on heritage grounds would still stand. There were no objections to applications for Sycamore Road and Hanbury House. Planning permission has been granted by MSDC for an application for Oxlip Way.

Transport, Travel and Safety – A new speed gun is urgently required as the current one is too heavy, and the batteries need replacing. Devon Road has proven to be a hot spot for speeding vehicles and the speed watch group does have a positive effect in getting the traffic to slow down. The current SID signs have packed up and SCC have advised that they are unable to repair. More modern solar-powered signs require less power to run them and therefore the storage batteries last longer, and the village may need to invest in new SID signs.

Councillors Reports:

Cllr Studd advised that the trees on the B1115 near to Mill Street need cutting back as the lorries are hitting them and that he has reported this to MSDC. Cllr Murton reported that the footpath finger signs have been removed from the posts

on the muddy footpath that runs through the school grounds. Cllr Voden advised that a lorry delivering equipment to the play park got boxed in by cars parking at the village hall and in trying to manoeuvre out, knocked a hole into the hedge compromising the security of the bowls club. He was advised by a resident about the vehicles parking on the paths in Broomspath Road and outside the The Crown. This is a matter for the Police. Cllr Beeson questioned whether it might be worth using the PC Facebook page to advertise for new Parish Councillors. Cllr Deal felt that it took a long time to replace the jubilee bench on the Green but was pleased that it was now in place. Cllr Johnson reported that the gravel path by Kelvedon House was quite high making it difficult for mobility vehicles. She also felt that it was time for the PC to move their meetings back to the URC.

Correspondence:

Mendlesham PC have invited Stowupland PC to look through their Neighbourhood Plan review. A donation request has been made by the Old Newton Under 5's group but this is something that the PC are unable to do. A resident has asked the Speed watch group to carry out monitoring of a stretch of road that is within the national speed limit, so this is a matter for the Police. The land within the Landex development will be named Crown Meadow. Within Bloor Phase 3, the roads will be named after flowers: dandelion, daisy, daffodil and dewberry.

Please note that the September PC meeting will be held at the URC.

The meeting closed to the public at 9.20pm.

DISTRICT COUNCILLORS' REPORT

SEPTEMBER 2021

Planning – general concerns

The Chief Executive of MSDC had hoped to meet representatives of the Parish Council on 10 August for a visit to the areas of concern. This had to be cancelled due to the need to self-isolate but a virtual meeting was held instead. He has been made aware of the most pressing concerns and is investigating. A meeting with all Parish Councillors will be arranged, hopefully for early September.

Planning – Diaper's Farm Application

We have had an initial discussion with the case officer and a member of the planning policy team to explain the relevance of the Linden Homes Inspector's report in respect of maintaining the visual gap between A14 and the proposed development. We also asked how the improvements to the A1120/B1115 junction would be made given they are not covered by the Linden Homes development. We expressed concern about the impact on the cycle/pedestrian route of traffic from the proposed development as improvements to cycle/pedestrian provision alongside or parallel to B1115 are needed to encourage walking and cycling. MSDC are querying whether the access to the development can be from the existing roundabout near A14, rather than a new junction on B1115.

Waste services

There have been many delays with the collection of waste recently. This is due to a variety of factors - staff absence, unavailability of agency staff (due to Brexit, EU staff returning home, national shortage of HGV drivers), a fire in a waste vehicle, a road traffic accident and an unusually high amount of green waste owing to the wet weather.

Staff are concentrating on catching up with green and black bin collections and brown bin collections are currently running a day or two late.

Covid and meetings

Cases of Covid in Mid Suffolk have risen but there are signs that numbers may now be falling. Some committee meetings are going ahead but the July Council meeting was cancelled because the council chamber cannot accommodate councillors, officers and general public whilst ensuring safe distancing. We have asked for this meeting to be re-scheduled rather than roll the business into the next meeting. We are still hoping Government will renew the legislation to be able to hold online meetings.

Staff are continuing to work from home but, when necessary, access to workspace in Endeavour House can be booked.

Leisure, Sport and Physical Activity Strategy

The Districts have approved a refreshed Joint Leisure, Sport and Physical Activity Strategy and will be developing a comprehensive Action Plan for the next 3 years. Local Councils, village halls, sports clubs and schools will be key partners in agreeing the actions and assisting in implementation.

Women's Cycle Road Race

The race will be passing through Stowmarket on Saturday 9 October. Events are being planned to be held on The Recreation Ground on the day.

Locality Awards

There is still funding from the annual locality awards. Amounts of £250 or more are available to local community groups and organisations. Please contact us for an application form or telephone for further information and help in applying.

Councillor Keith Welham
keith.welham@midsuffolk.gov.uk
Telephone: 01449 673185

Councillor Rachel Eburne
rachel.eburne@midsuffolk.gov.uk
Telephone: 01449 673311

COUNTY COUNCILLORS' REPORT

SEPTEMBER 2021

Full Council Meeting

There was no full Council meeting in August. The next meeting will be on 8 September. If the Council Chamber cannot safely accommodate all councillors and officers who need to attend, an alternative venue will need to be found.

School travel policy

Councillors on the education and children's services scrutiny committee have tasked three senior officers with gathering evidence on how this policy has been working and will submit a report to the committee in September. One of the questions is likely to be the impact of changing back to the former policy. The change was made to save money but it is not likely that there has been a significant saving and the inflexibility of the policy has caused problems.

Safer Route to School

I am awaiting further information from SCC with an explanation of why they consider that the scheme as proposed at the time of the land swap should not proceed. The gravel overlay of the length across The Green should be completed before the start of the new school term.

Public Rights of Way

I and other councillors have made repeated requests for Public Rights of Way to be cleared. If we are to be a 'More Active County' it is essential that we have a well-maintained network of pedestrian and cycle routes. The service is underfunded, and it is wrong to blame the weather for the state of the network. With climate change, vegetation may well grow even more vigorously in the future.

Special educational needs (SEND) Review

The Peer Review of the SEND service has been carried out by a team at Lincolnshire County Council. The final report should be made available in September.

Linden Homes: Footpath Issues

The temporary footpath around the site has been strimmed and the site manager has agreed to strim it again if it becomes necessary.

Infrastructure Delivery Plan

Rachel Eburne and I are hoping to meet with a representative of the health authority to discuss health provision in the Stowmarket and to suggest a new health centre, preferably on the Diaper's Farm development.

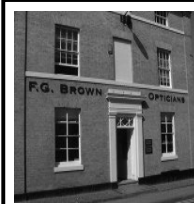
Gipping Road – request for speed limit

I have challenged the refusal of the request for a speed limit. The assessment did not appear to have taken account of the accesses to the 2 new houses, 3 menages and 1 (soon to be 2) pedestrian/cyclist/emergency accesses.

Keith Welham

County Councillor of Stowmarket North and Stowupland

Keith.Welham@suffolk.gov.uk 01449 673185 or 07831 705 714



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To let the village know the date and venue of your event contact Neil to be included in the diary dates.

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Colin Vickridge and Keith Welham are our proofreaders and Jerry Voden chairs meetings of our team. The entire team are unpaid volunteers.

Telstar is distributed by a team of volunteers who deliver the magazine to over 1,100 homes in Stowupland. The magazine is produced every month, with the exception of December and January, which is a combined copy that gives our trusty team of volunteers a well-earned Christmas break!

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Telstar – for the community, by the community.

From the Telstar Committee

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